

Sides and extras

Bowl of chips 964 kcal (Add: Spicy seasoning (8 kcal) 34p)	4.23
Small bowl of chips 602 kcal	2.48
Five chicken wings 402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Grilled halloumi-style cheese 446 kcal	1.97
Peas 130 kcal	94p
Mushy peas 248 kcal	94p
Side salad 87 kcal	2.29
Mediterranean side salad 198 kcal	3.22
Roasted vegetables 135 kcal	1.53
Coleslaw 399 kcal	1.40
Sliced chillies 3 kcal	88p
Chicken gravy 50 kcal	94p
Onion rings	Six 269 kcal 2.33 Twelve 538 kcal 3.50
Garlic pizza bread	8' 386 kcal 4.40 11' 772 kcal 5.57
With cheese	8' 461 kcal 4.98 11' 922 kcal 6.44

Desserts

Vanilla ice cream ^{UNDER 500} 338 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch ^{UNDER 500} 365 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie ^{UNDER 500} 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich ^{UNDER 500} 435 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes ^{UNDER 500} 412 kcal	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit ^{5% 500} 447 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 735 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble	5.62
Vanilla ice cream 830 kcal or custard 694 kcal	
American-style pancakes ^{5% 500} 689 kcal	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard (134 kcal) 1.23 ; Vanilla ice cream scoop (135 kcal) 94p	
Belgian chocolate sauce (61 kcal) 42p ; Toffee sauce (74 kcal) 42p	
Banana (101 kcal) 62p ; Strawberries (14 kcal) 62p ; Blueberries (17 kcal) 62p	

BREAKFAST

Served
8am - 12 noon

Large breakfast 1286 kcal	6.59
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 742 kcal	4.99
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	
Small breakfast ⁵⁰⁰ 419 kcal	4.45
Fried egg, bacon, sausage, baked beans, hash brown	
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast 1206 kcal	6.59
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 816 kcal	4.99
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast ⁵⁰⁰ 313 kcal	4.45
Fried egg, Quorn sausage, baked beans, hash brown, tomato	
Vegan breakfast 786 kcal	4.61
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Freedom breakfast 545 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
American breakfast 1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup	

Breakfast extras

Add any of the following:	
Two slices of black pudding 355 kcal	1.51
Sausage 168 kcal	1.05
Quorn™ sausage 116 kcal	1.05
Grilled halloumi-style cheese 396 kcal	1.97
Baked beans 126 kcal	93p
Two rashers of back bacon 99 kcal	1.57
Four rashers of maple-cured bacon 91 kcal	1.52
Two scrambled eggs 136 kcal	1.63
Fried egg 56 kcal	93p
Poached egg 63 kcal	93p
Hash brown 82 kcal	46p
Two mushrooms 91 kcal	93p
Two grilled tomato halves 16 kcal	52p
Slice of toast 191 kcal	1.13

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88
Quorn™ sausage butty 609 kcal	3.88
Two Quorn sausages, buttered white bloomer bread	
Breakfast wrap 739 kcal	4.36
Fried egg, bacon, sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 835 kcal	4.36
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin ^{UNDER 500} 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin ⁵⁰⁰ 298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin ⁵⁰⁰ 417 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin	
Egg & Quorn™ sausage muffin ⁵⁰⁰ 364 kcal	3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin	
Breakfast muffin ⁵⁰⁰ 466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin ^{5% 500} 244 kcal	4.01
Guacamole, pico di gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52 ; Poached egg (63 kcal) 93p	
Grilled halloumi-style cheese (396 kcal) 1.97	
Add: Hash brown (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA 100% ARABICA BEANS

£1.56 each

Biscuits
Walkers shortbread 151 kcal **71p**
Stem ginger biscuit 123 kcal **71p**
Belgian chocolate biscuit 129 kcal **71p**
Salted caramel brownie bar 316 kcal **1.64**

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal (Oat milk available 4 kcal)
Hot chocolate 169 kcal
Tea with semi-skimmed milk 14 kcal (Oat milk available 4 kcal)
Decaffeinated tea and coffee available.

for the facts
drinkaware.co.uk

jdwetherspoon.com

STD

MENU_2470

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*
Choose from over 150 drinks

The Tumble Inn

Pontypridd



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon

Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills

£1.56
each

Burger meals

INCLUDES A DRINK

Featuring 3oz American burger soft drink* | alcoholic drink*
£5.44 | **£6.97**

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£6.09 | **£7.62**

Steak Club®

INCLUDES A DRINK

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin soft drink* | alcoholic drink*
£9.67 | **£11.20**

Curry Club®

INCLUDES A DRINK

Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* | alcoholic drink*
£7.91 | **£9.44**

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.



Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.



Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

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57 HOTELS
in England, Ireland, Scotland and Wales
Book direct for the best rates* jdwetherspoon.com or on our app



goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.*

