Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 2.99 NEW Five chicken breast bites 161 kcal Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal Chicken gravy 50 kcal Onion rings 🕖 **Six** 269 kcal **2.33** Twelve 538 kcal 3.50

| Desserts | |
|---|------|
| NEW Salted caramel sticky toffee pudding Vanilla ice cream 877 kcal or custard 741 kcal | 4.99 |
| Millionaire's shortbread V 600 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce | 2.17 |
| Vanilla ice cream ♥ (555) 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce | 1.82 |
| Cookie crunch ♥ (\$55) 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce | 1.82 |
| Mini warm chocolate brownie (V) (555) 435 kcal Belgian chocolate sauce, vanilla ice cream | 2.98 |
| Mini warm cookie dough sandwich 3 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 2.98 |
| Mini American-style pancakes ♥ €555 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream | 3.54 |
| Fresh fruit () (3) (7) 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream | 4.56 |
| Warm chocolate fudge cake ♥ 909 kcal. Vanilla ice cream | 5.33 |
| Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream | 5.33 |
| Warm cookie dough sandwich ♥ 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 5.33 |
| British Bramley apple crumble V Vanilla ice cream 673 kcal or custard S 537 kcal | 5.62 |
| American-style pancakes ♥ ॐ 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream | 4.99 |

Add: Custard V (134 kcal) 1.23; Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (166 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

| = Very mild = Mild = Medium hot = Very hot |
|--|
| = Extremely hot |
| Vegetarian Vegan 59 5% fat or less 500 Dish under 500 Calories |

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST

Served 8am - 12 noon

| Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast | 6.59 | NEW Fiesta brunch ♥ ♥ 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa | 3.88 |
|--|-----------------------------|---|--------------|
| Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to Small breakfast (200) 435 kcal | 4.99 ast 4.45 | Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket | 5.14 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) 75p | | Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket | 5.14 |
| Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato | 4.45 | Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket | 5.14 |
| Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast | 6.59 | American-style pancakes NEW Four pancakes, banana, strawberries, blueberries, | 4.99 |
| Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast | 4.99 | maple-flavour syrup. V 🥯 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. V 🎨 554 kcal | 4.99 4.30 |
| Small vegetarian breakfast ♥ ጭ 555 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato | 4.45 | Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. ♥ Two pancakes, maple-flavour syrup. ♥ ♦ ♦ ♦ ₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹ | 3.54 3.25 |
| Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread | 4.61 | Scrambled egg on toast € 570 kcal Three eggs, buttered white bloomer toast | 3.77 |
| American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, | 6.85 | Beans on toast V 39 566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread Ø 59 566 kcal | 3.66 |
| four pancakes, maple-flavour syrup Small American breakfast 629 kcal | 4.99 | Small beans on toast ♥ ॐ ௵ 252 kcal Buttered white bloomer toast | 2.62 |
| Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup | | Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread | 2.47 |
| Porridge ♥ ॐ ॐ 252 kcal (plain) Add: Banana ⊘ (110 kcal) 62p; Maple-flavour syrup ⊘ (125 kcal) 34p | 2.09 | Fresh fruit @ 68 (555) 200 kcal Apple, banana, blueberries, strawberries | 3.66 |
| Strawberries ⊘ (27 kcal) 62p; Blueberries ⊘ (17 kcal) 62p Honey ♥ (91 kcal) 34p; Sliced apple ⊘ (46 kcal) 62p | | NEW Fresh fruit and yoghurt (1) (20) (334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt | 4.45 |

Breakfast extras

| Add any of the following: | | | | | |
|--------------------------------|------|---|------|--|------|
| Black pudding 178 kcal | 75p | Two rashers of back bacon 131 kcal | 1.57 | Baked beans @ 126 kcal | 93p |
| Lincolnshire sausage 168 kcal | 1.05 | Four rashers of maple-cured bacon 91 kcal | 1.52 | Two mushrooms @ 100 kcal | 93p |
| Vegan sausage 3 82 kcal | 1.05 | Two scrambled eggs V 136 kcal | 1.63 | Two grilled tomato halves @ 16 kcal | 52p |
| Slice of toast V 225 kcal | 1.13 | Fried egg V 56 kcal | 93p | Grilled halloumi-style cheese V 447 kcal | 1.97 |
| Hash brown @ 82 kcal | 46p | Poached egg ♥ 63 kcal | 93p | | |

Breakfast butties and wraps

| Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread | 3.88 |
|--|------|
| Sausage butty 714 kcal | 3.88 |
| Two Lincolnshire sausages, buttered white bloomer bread | |
| Vegetarian sausage butty V 541 kcal | 3.88 |
| Two vegan sausages, buttered white bloomer bread | |
| NEW Vegan option available with vegan spread @ 59 (1988) 435 kcal | |

Rreakfast muffin deal

| Dreakiast muiim deal | | |
|---|-----|--|
| Includes tea, coffee or hot chocolate. Free refills | | |
| Egg & cheese muffin ♥ 555 249 kcal Fried egg. American-style cheese, in an English muffin | .31 | |
| Egg & bacon muffin 314 kcal Fried egg, bacon, American-style cheese, in an English muffin | 77 | |
| Egg & sausage muffin (557) 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin | 77 | |
| Egg & vegetarian sausage muffin ♥ ⑤ 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin | 77 | |
| Breakfast muffin 365 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin | .01 | |
| Smashed avocado muffin © © 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg © (63 kcal) 93p Grilled halloumi-style cheese © (447 kcal) 1.97 | .01 | |
| Add: Hash brown @ (82 kcal) 46p | | |

Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

Tea. coffee and hot chocolate-

Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese



Breakfast wrap 724 kcal

Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea with semi-skimmed milk **V** 14 kcal

Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. #Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

drinkaware.co.uk ⊗ idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.

Moon and Starfish Clacton-on-Sea



4.36

Table service

The word 'moon' is in the name of several Wetherspoon pubs. It links them with the

fictional pub described in detail by George Orwell. The famous author called his ideal pub 'Moon Under Water'. This one is part of the former Royal Hotel. A well-

known landmark for more than 130 years, the hotel first opened its doors in 1872.

At that time, it stood alone on the cliff top in the new resort of Clacton-on-Sea

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



100% UK and

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Irish beef



Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

The freshly ground

coffee^{tt} we serve

is from Rainforest

Alliance-certified

100% Arabica Lavazza

Coffee

farms

回燃回



Choose from over 150 drinks **Sustainable Restaurant**



Association Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants.

evaluating standards in 'sourcing.

society and the environment'.



Award-winning children's menu Best children's meals

(first place) Independently run 'secret diner' survey.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

Sustainable fish

The cod and haddock we serve

come from fisheries which have

been independently certified

well-managed and sustainable

to the MSC's standard for

fisheries







Traditional

breakfast

£4.99

£1.56

alcoholic drink*

£5.64

alcoholic drink*

£6.97

£7.62

alcoholic drink*

£11.20

alcoholic drink*

£9.44

Breakfast

8am - 12 noon

Tea. coffee and

hot chocolate

Deli Deals

INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap

just-a-wrap, without a drink

£3.08

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Steak Club INCLUDES A DRINK' • **Tuesday 11.30am - 11pm** Featuring classic 8oz sirloin

Curry Club

INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range

INCLUDES A DRINK' •

Free refills

soft drink*

£4.11

soft drink*

soft drink*

£6.09

£9.67

soft drink*

£7.91

£5.44

| Small plates Any 3 for £14.93 | 3 |
|--|------|
| NEW Char-grilled halloumi-style cheese V 514 kcal | 4.96 |
| Rocket, roasted pepper, courgette, onion, salsa | |
| Nachos /// V 695 kcal | 5.81 |
| Cheese, guacamole, salsa, sour cream, sliced chillies | |
| Bowl of chips @ 964 kcal | 4.23 |
| Bowl of chips with curry sauce @ 1082 kcal | 5.58 |
| Cheesy chips ♥ 1256 kcal | 5.41 |
| Loaded chips 1303 kcal | 6.03 |
| Cheese, maple-cured bacon, sour cream | |
| Tomato & basil soup ♥ ॐ 📸 374 kcal White bloomer bread | 4.23 |
| NEW Vegan option available with vegan spread @ 53 333 285 kcal | |
| ATATA vegan option available with vegan spread 9 90 500 205 Roat | |
| With any of the small plates below, choose one dip: | |
| Sweet chilli 🆊 🗑 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🖊 🗸 🥥 136 k | |
| Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo | kcal |
| Halloumi-style fries V (500) 396 kcal | 4.96 |
| Chicken bites (50%) 322 kcal | 6.09 |
| Ten battered chicken breast pieces | 0.07 |
| Southern-fried chicken strips 500 459 kcal | 6.09 |
| Five chicken breast strips | |
| Chicken wings FFF 813 kcal | 6.75 |
| Ten spicy chicken wings | |
| Quorn [™] nuggets Ø 🚟 331 kcal | 5.19 |
| Eight coated pieces | |
| | |
| | |

| Deli Deals [®] INCLUDES A DRINK () | | | | |
|---|---------------------------------|--|--|--|
| All wraps and paninis are freshly made to order. | | | | |
| NEW 10" wraps A smaller wrap and filling. | | | | |
| Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese | | | | |
| Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese | just-a-wrap, without a drink | | | |
| Small shawarma chicken /// 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint | 3.08 each | | | |
| Small Quorn™ nuggets @ (%%) 310 kcal Salad leaves, tomato, cucumber, salsa | 4.11 each | | | |
| Small southern-fried chicken 777 (399 kcal Salad leaves, smoky chipotle mayo | alcoholic drink* 5.64 each | | | |
| Small cold chicken breast // 🐼 📆 277 kcal Salad leaves, sweet chilli sauce | Eacil | | | |
| Small fried halloumi-style cheese // V 5555 391 kcal | | | | |

Small side salad (46 kcal) Small portion of chips (329 kcal)

12" wraps

NEW Shawarma chicken 77 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn[™] nuggets @ 508 kcal

Salad leaves, sweet chilli sauce, tomato, cucumbo

| Iomato, cucumber, salsa | |
|---|-------------------------|
| Southern-fried chicken FFF 609 kcal Salad leaves, smoky chipotle mayo | soft drink* 5.70 |
| Cold chicken breast 🎢 🚱 479 kcal Salad leaves, sweet chilli sauce | each alcoholic drink |
| Fried halloumi-style cheese // v 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber | 7.23 each |

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) each 1.44 Spicy rice (208 kcal); Chips (602 kcal)

Adults need around 2000 kcal a day.§

Burgers includes a drink

order. Traceable from farm to fork.

| Beef burgers made with 100% British b | | y cooked to | | |
|--|------------------------------------|------------------------------------|--|--|
| Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). | | | | |
| American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion | soft drink* 5.44 each | alcoholic drink* 6.97 each | | |
| Skinny beef burger 555 375 kcal lceberg lettuce, tomato, red onion, with a side salad, instead of chips | | | | |
| American cheese burger 730 kcal soft drink* American-style cheese, red onion, gherkin, ketchup, American-style mustard soft drink* 4.00 | | | | |
| Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). | | | | |
| Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion | soft drink* 7.73 each | alcoholic drink* 9.26 each | | |
| Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | - | oft drink* 8.30 lic drink* 9.83 | | |
| | | | | |

| Chicken burgers |
|-----------------|
| CHICKCH Durgers |

Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 6.97

ed with chins (602 kcal included in Calories below

| served with thips (602 ktar, included in talories below). | | | |
|--|-------------|------------------|--|
| Fried buttermilk chicken burger 1255 kcal | | | |
| Breaded whole chicken breast fillet | soft drink* | alcoholic drink* | |
| Char-grilled chicken breast burger 970 kcal 7.73 9.26 | | | |
| Skinny chicken burger 53 594 kcal | each | each | |
| Char-grilled chicken breast, with a side salad, instead of chins | | | |

Meat-free burgers

| Served with chips (602 kcal, included in Calories below). | | | | | | |
|---|-------------|------------------|--|--|--|--|
| Beyond Burger [™] ⊘ 1043 kcal | soft drink* | alcoholic drink* | | | | |
| BEYOND MEAT plant-based patty, | 7.73 | 9.26 | | | | |
| iceberg lettuce, garlic & herb sauce | each | 9.26 each | | | | |
| Breaded vegetable burger 1039 kcal | Guon | Cuon | | | | |
| | | | | | | |

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger // W 1118 kcal. Sweet chilli sauce

Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal

Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger # 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

CUITTIES INCLUDES A DRINK .

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **FF** @ 529 927 kcal Chicken tikka masala 1190 kcal

each 1.03

soft drink* alcoholic drink* 11.37 9.84 Chicken jalfrezi FF 523 935 kcal each each Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 47p

Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted

cauliflower & spinach curry 🔰 🧿 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal Simple chicken tikka masala

Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink* alcoholic drink* 8.73 10.26 each each

soft drink* alcoholic drink*

9.15

7.62

each **3.36**

Gourmet burgers

Ultimate burger 1656 kcal

signature burger sauce, gherkin

Tennessee burger

Two 3oz beef patties, maple-cured bacon, Cheddar cheese,

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal

Maple-cured bacon, Cheddar cheese, BBQ sauce

Naga chilli mayo, American-style cheese, hash brown,

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

Triple American cheese & bacon burger 1770 kcal soft drink* 11.38

Choose: Char-grilled chicken breast 1722 kcal

Three 3oz beef patties, American-style cheese,

maple-cured bacon, red onion, gherkin, ketchup,

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal

Maple-cured bacon with American-style cheese 160 kcal

Choose: Beef (two 3oz beef patties) 1644 kcal

Char-grilled chicken breast 1417 kcal

Char-grilled chicken breast 1494 kcal

Fried buttermilk chicken 1780 kcal

Heatwave burger

topped with a spicy chicken wing

Fried huttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal

American-style mustard

Cheddar cheese V 82 kcal

Maple-cured bacon 91 kcal

American-style cheese V 69 kcal

Crunchy chicken strip / 92 kcal

BEYOND MEAT patty @ 184 kcal

Fried buttermilk chicken 1703 kcal

Served with chips, six onion rings (871 kcal, included in Calories below).

soft drink*

9.93

each

alcoholic drink*

11.46

each

alcoholic drink* 12.91

2.14

2.14

1.52

1.52

1.52

1.50

soft drink*

10.83

each

alcoholic drink*

12.36

soft drink*

8.68

each

alcoholic drink*

10.21

each

3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal each **1.97** Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal Fried halloumi-style cheese V 298 kcal

Chicken includes a drink

and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal

Chicken on the bone is marinated, slow cooked

Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn™ 'no chicken' nuggets basket // V Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 94p

Small pub classics includes a drink.

| Fish and chips | 3011 UIIIIK | acconotic units |
|---|-------------|-----------------|
| Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal | 7.84 | 9.37 |
| Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi | 7.84 | 9.37 |
| Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce 	(a) (118 kcal) 1.46 | | |
| Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg | 6.61 | 8.14 |
| Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p | 6.91 | 8.44 |
| Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips | 6.91 | 8.44 |

Afternoon deal

Mon - Fri. 2pm - 5pm hoose from the above small pub classic me soft drink* | alcoholic drink* 6.09 7.62

soft drink* alcoholic drink*

Pub classics includes a drink

| Fish and chips | 301t ut liik | atconotic arink |
|---|--------------|-----------------|
| Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal | 10.08 | 11.61 |
| Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi | 10.08 | 11.61 |
| Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ② (118 kcal) 1.46 | | |
| All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 75p | 9.72 | 11.25 |
| Vegetarian all-day brunch | 9.72 | 11.25 |
| Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal | 8.32 | 9.85 |
| Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy | 8.32 | 9.85 |
| Vegetarian bangers and mash ② 635 kcal Three vegan sausages, peas, onion & red wine gravy | 8.32 | 9.85 |
| Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs | 7.73 | 9.26 |
| Sausages, chips and beans 1170 kcal Three Lincolnshire sausages | 7.73 | 9.26 |
| Vegan sausages, chips and beans 3 910 kcal Three vegan sausages | 7.73 | 9.26 |
| Chilli bean non-carne 🗗 🧑 🚳 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips | 8.32 | 9.85 |

Jacket potatoes includes a drink of

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Cheese V 512 kcal Baked beans @ 5% 5555 482 kcal Chilli bean non-carne / @ 58 58 442 kcal Roasted vegetables @ 538 (555) 383 kcal

Afternoon deal

Choose from the above pub classic meals.

Mon - Fri, 2pm - 5pm

soft drink* alcoholic drink* 6.85 8.38 each

soft drink* alcoholic drink'

7.27 8.80

Steaks and grills INCLUDES A DRINK

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

Classic 8oz sirloin steak soft drink* alcoholic drink Choose: Side salad 526 kcal 11.25 12.78 Mediterranean salad 657 kcal; Jacket potato 774 kcal each Mashed potato 745 kcal: Chips 1061 kcal Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink* alcoholic drink Choose: Side salad 785 kcal 13.59 15.12 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each Mashed potato 1003 kcal; Chips 1320 kcal

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze V (87 kcal) 1.82 each

Below meals are served with peas, to mato and mushroom. soft drink* alcoholic drink 10.08 11.61 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 827 kcal; Mashed potato 827 kcal Chips 1143 kcal 8.73 10.26 5oz gammon and egg Choose: Side salad 53 555 402 kcal Mediterranean salad 532 kcal; Jacket potato 530 649 kcal Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.42 11.89 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal Chips 1146 kcal Mixed arill 11.89 13.42

Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal: Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal Chips 1519 kcal Large mixed grill 13.65 Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal: Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal

Chips 2012 kcal

Noodles, salads and pastas INCLUDES A DRINK

| Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg (63 kcal) 93p | 6.99 | 8.52 |
|--|-----------|-------|
| Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 333 283 kcal Southern-fried chicken breast strips 365 kcal | 9.47 | 11.00 |
| Mediterranean salad | 8.35 3 | 9.88 |
| Grilled halloumi-style cheese & roasted vegetable salad ♥ (36) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing | 8.62 | 10.15 |
| Burrito salad bowl ◆ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 | 8.62 | 10.15 |

8.90 Pasta alfredo M 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach

sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52

Chilli bean non-carne / (a) (149 kcal) 1.97

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

11.00

9.47

10.43

15.18

soft drink* alcoholic drink*