

## Sides and extras

Bowl of chips	🌿 964 kcal (Add: Spicy seasoning 🌶️ (8 kcal) 34p)	4.23
Small bowl of chips	🌿 602 kcal	2.48
Five chicken wings	🔥🔥🔥 402 kcal	3.34
Eight Whitby breaded scampi	527 kcal	4.99
Grilled halloumi-style cheese	🌿 446 kcal	1.97
Peas	🌿 130 kcal	94p
Mushy peas	🌿 248 kcal	94p
Side salad	🌿 87 kcal	2.29
Mediterranean side salad	🌿 198 kcal	3.22
Roasted vegetables	🌿 135 kcal	1.53
Coleslaw	🌿 399 kcal	1.40
Sliced chillies	🔥🔥🔥🔥🔥🔥 🌿 3 kcal	88p
Chicken gravy	50 kcal	94p
Onion rings	🌿	Six 269 kcal 2.33 Twelve 538 kcal 3.50
Garlic pizza bread	🌿 8* 386 kcal 4.40	11* 772 kcal 5.57
With cheese	🌿 8* 461 kcal 4.98	11* 922 kcal 6.44

## Desserts

Vanilla ice cream	🌿 338 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	🌿 365 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie	🌿 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	🌿 435 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream		
Mini American-style pancakes	🌿 412 kcal	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream		
Fresh fruit	🌿 447 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	🌿 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie	🌿 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	🌿 735 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble	🌿	5.62
Vanilla ice cream 830 kcal or custard 694 kcal		
American-style pancakes	🌿 689 kcal	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream		
Add: Custard 🌿 (134 kcal) 1.23; Vanilla ice cream scoop 🌿 (135 kcal) 94p		
Belgian chocolate sauce 🌿 (61 kcal) 42p; Toffee sauce 🌿 (74 kcal) 42p		
Banana 🌿 (101 kcal) 62p; Strawberries 🌿 (14 kcal) 62p; Blueberries 🌿 (17 kcal) 62p		

# BREAKFAST

Served  
8am - 12 noon

Large breakfast	1286 kcal	6.59
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	742 kcal	4.99
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast		
Small breakfast	🌿 419 kcal	4.45
Fried egg, bacon, sausage, baked beans, hash brown		
Add: Two slices of black pudding (355 kcal) 1.51		
Large vegetarian breakfast	🌿 1206 kcal	6.59
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	🌿 816 kcal	4.99
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	🌿 313 kcal	4.45
Fried egg, Quorn sausage, baked beans, hash brown, tomato		
Vegan breakfast	🌿 786 kcal	4.61
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
Freedom breakfast	545 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
American breakfast	1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup		

## Breakfast extras

Add any of the following:					
Two slices of black pudding	355 kcal	1.51	Two rashers of back bacon	99 kcal	1.57
Sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal	1.52
Quorn™ sausage	🌿 116 kcal	1.05	Two scrambled eggs	🌿 136 kcal	1.63
Grilled halloumi-style cheese	🌿 396 kcal	1.97	Fried egg	🌿 56 kcal	93p
Baked beans	🌿 126 kcal	93p	Poached egg	🌿 63 kcal	93p
Hash brown	🌿 82 kcal	46p	Two mushrooms	🌿 91 kcal	93p
Two mushrooms	🌿 91 kcal	93p	Two grilled tomato halves	🌿 16 kcal	52p
Two rashers of maple-cured bacon	91 kcal	1.52	Slice of toast	🌿 191 kcal	1.13
Two scrambled eggs	🌿 136 kcal	1.63			
Fried egg	🌿 56 kcal	93p			
Poached egg	🌿 63 kcal	93p			

## Breakfast butties and wraps

Bacon butty	525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88	Breakfast wrap	739 kcal	4.36
Sausage butty	713 kcal. Two sausages, buttered white bloomer bread	3.88	Fried egg, bacon, sausage, hash brown, Cheddar cheese		
Quorn™ sausage butty	🌿 609 kcal	3.88	Vegetarian breakfast wrap	🌿 835 kcal	4.36
Two Quorn sausages, buttered white bloomer bread			Fried egg, two Quorn sausages, two hash browns, Cheddar cheese		

## Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills 📄

Egg & cheese muffin	🌿 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	🌿 298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	🌿 417 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin		
Egg & Quorn™ sausage muffin	🌿 364 kcal	3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin		
Breakfast muffin	🌿 466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	🌿 244 kcal	4.01
Guacamole, pico di gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg 🌿 (63 kcal) 93p		
Grilled halloumi-style cheese 🌿 (396 kcal) 1.97		
Add: Hash brown 🌿 (82 kcal) 46p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdwetherspoon.com](http://jdwetherspoon.com)  
\*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: \*Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. \*Statement of daily calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

## Tea, coffee and hot chocolate

### FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE  
— ALL DAY EVERY DAY —



£1.56

each

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**Biscuits**

Walkers shortbread 🌿 151 kcal 71p  
Stem ginger biscuit 🌿 123 kcal 71p  
Belgian chocolate biscuit 🌿 129 kcal 71p  
Salted caramel brownie bar 🌿 316 kcal 1.64

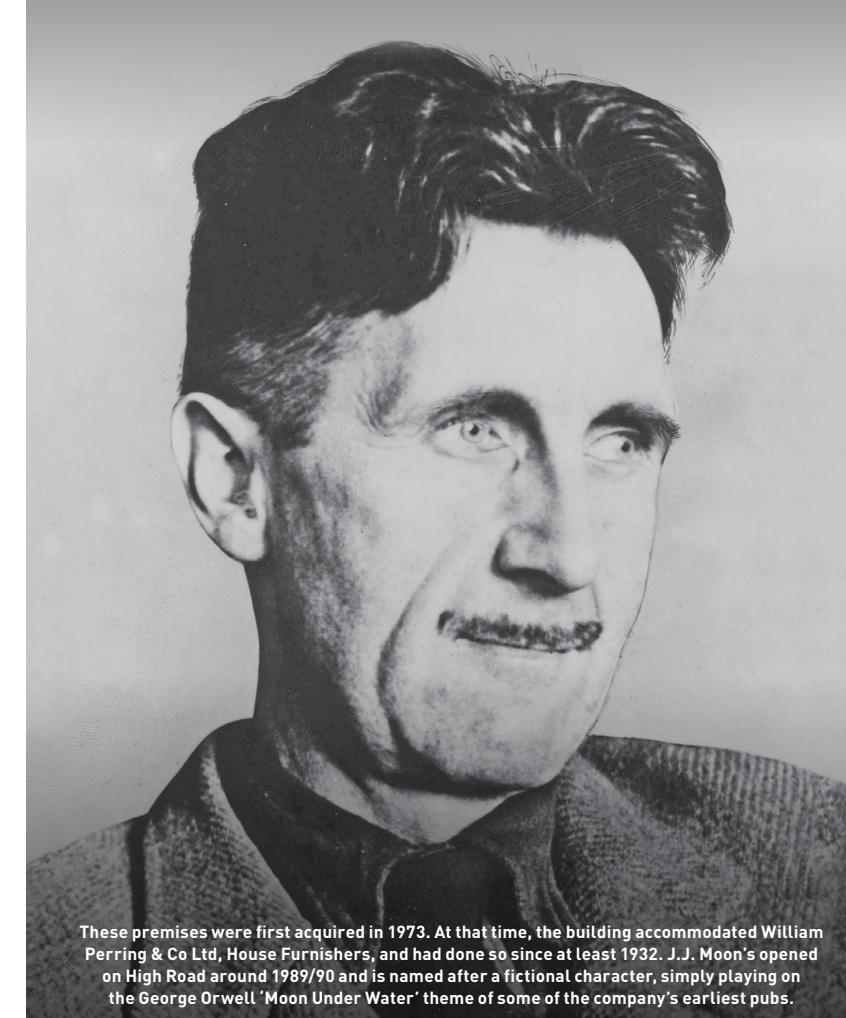
# FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK\* 🍷🍹  
Choose from over 150 drinks

## J.J. Moon's

Wembley



These premises were first acquired in 1973. At that time, the building accommodated William Perring & Co Ltd, House Furnishers, and had done so since at least 1932. J.J. Moon's opened on High Road around 1989/90 and is named after a fictional character, simply playing on the George Orwell 'Moon Under Water' theme of some of the company's earliest pubs.



**Food hygiene rating**

We have been awarded the maximum food hygiene rating of 5 in our pub.



**Sustainable fish**

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



**Free-range eggs**

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



**100% UK and Irish beef**

Sourced from farms in the UK and Ireland. Traceable from farm to fork.

**Breakfast**  
8am - 12 noon

Traditional breakfast  
£4.99

**Tea, coffee and hot chocolate**

Free refills 📄

£1.56 each

## Burger meals

INCLUDES A DRINK 🍷🍹

Featuring 3oz American burger soft drink\* | alcoholic drink\*  
**£5.44** | **£6.97**

## Afternoon deals

INCLUDES A DRINK 🍷🍹

**Mon - Fri, 2pm - 5pm**

Featuring small freshly battered fish and chips soft drink\* | alcoholic drink\*  
**£6.09** | **£7.62**

## Steak Club

INCLUDES A DRINK 🍷🍹

**Tuesday 11.30am - 11pm**

Featuring classic 8oz sirloin soft drink\* | alcoholic drink\*  
**£9.67** | **£11.20**

## Curry Club

INCLUDES A DRINK 🍷🍹

**Thursday 11.30am - 11pm**

Featuring the katsu curry range soft drink\* | alcoholic drink\*  
**£7.91** | **£9.44**

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



**Coffee**

The freshly ground 100% Arabica Lavazza coffee! we serve is from Rainforest Alliance-certified farms.

**Tea**

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

57

in England, Ireland, Scotland and Wales  
HOTELS  
Book direct for the best rates\* [jdwetherspoon.com](http://jdwetherspoon.com) or on our app

goodfoodtalks

opening menus for everybody  
The spoken menu app for the visually impaired

for the facts  
[drinkaware.co.uk](http://drinkaware.co.uk)

[jdwetherspoon.com](http://jdwetherspoon.com)

LSTSD

MENU\_5

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

🌿 = Very mild 🔥 = Mild 🔥🔥 = Medium hot 🔥🔥🔥 = Very hot  
🔥🔥🔥🔥 = Extremely hot

🌿 Vegetarian 🌿 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 [www.msc.org](http://www.msc.org)

Adults need around 2000 kcal a day.\*

