

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning (8 kcal) 34p)	4.23
Small bowl of chips	602 kcal	2.48
Five chicken wings	402 kcal	3.34
Eight Whitby breaded scampi	527 kcal	4.99
Grilled halloumi-style cheese	446 kcal	1.97
Peas	130 kcal	94p
Mushy peas	248 kcal	94p
Side salad	87 kcal	2.29
Mediterranean side salad	198 kcal	3.22
Roasted vegetables	135 kcal	1.53
Coleslaw	399 kcal	1.40
Sliced chillies	3 kcal	88p
Onion rings	Six 269 kcal 2.33 Twelve 538 kcal 3.50	
Garlic pizza bread	8' 386 kcal 4.40 11' 772 kcal 5.57	
With cheese	8' 461 kcal 4.98 11' 922 kcal 6.44	

Desserts

Vanilla ice cream	338 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	365 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie	435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	435 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream		
Fresh fruit	447 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	913 kcal, Vanilla ice cream	5.33
Warm chocolate brownie	736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	735 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble	830 kcal	5.62
Vanilla ice cream		
Add:		
Vanilla ice cream scoop	(135 kcal) 94p	
Belgian chocolate sauce	(61 kcal) 42p	
Toffee sauce	(74 kcal) 42p	
Banana	(101 kcal) 62p	
Strawberries	(14 kcal) 62p	
Blueberries	(17 kcal) 62p	

BREAKFAST

Served
8am - 12 noon

Large breakfast	1286 kcal	6.59
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	742 kcal	4.99
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast		
Small breakfast	419 kcal	4.45
Fried egg, bacon, sausage, baked beans, hash brown		

Add: Two slices of black pudding (355 kcal)	1.51	

Large vegetarian breakfast	1206 kcal	6.59
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	816 kcal	4.99
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	313 kcal	4.45
Fried egg, Quorn sausage, baked beans, hash brown, tomato		
Vegan breakfast	786 kcal	4.61
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
Freedom breakfast	545 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		

Breakfast extras

Add any of the following:					
Two slices of black pudding	355 kcal	1.51	Two rashers of back bacon	99 kcal	1.57
Sausage	168 kcal	1.05	Two scrambled eggs	136 kcal	1.63
Quorn™ sausage	116 kcal	1.05	Fried egg	56 kcal	93p
Grilled halloumi-style cheese	396 kcal	1.97	Poached egg	63 kcal	93p
Baked beans	126 kcal	93p	Hash brown	82 kcal	46p
Two mushrooms	91 kcal	93p	Two grilled tomato halves	16 kcal	52p
Two mushrooms	91 kcal	93p	Slice of toast	191 kcal	1.13

Breakfast butties and wraps

Bacon butty	525 kcal, Three rashers of bacon, buttered white bloomer bread	3.88	Breakfast wrap	739 kcal	4.36
Sausage butty	713 kcal, Two sausages, buttered white bloomer bread	3.88	Fried egg, bacon, sausage, hash brown, Cheddar cheese		
Quorn™ sausage butty	609 kcal	3.88	Vegetarian breakfast wrap	835 kcal	4.36
Two Quorn sausages, buttered white bloomer bread			Fried egg, two Quorn sausages, two hash browns, Cheddar cheese		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin	249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	417 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin		
Egg & Quorn™ sausage muffin	364 kcal	3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin		
Breakfast muffin	466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin		

Add: Hash brown (82 kcal) 46p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D. Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. †Excluding decaffeinated. ‡Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —



£1.56 each



Biscuits

Walkers shortbread 151 kcal 71p

Stem ginger biscuit 123 kcal 71p

Belgian chocolate biscuit 129 kcal 71p

Salted caramel brownie bar 316 kcal 1.64

Flat white 92 kcal

Cappuccino 102 kcal

Latte 113 kcal

Mocha 147 kcal

Espresso 6 kcal

Black coffee 6 kcal

White coffee 24 kcal

Hot chocolate 169 kcal

Tea Tetley

with semi-skimmed milk 14 kcal

(Oat milk available 4 kcal)

Decaffeinated tea and coffee available.

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*

Choose from over 150 drinks



FOOD HYGIENE RATING

1 2 3 4 5

5 VERY GOOD

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

CERTIFIED SUSTAINABLE SEAFOOD MSC

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

100% UK and Irish beef

Sourced from farms in the UK and Ireland. Traceable from farm to fork.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills
£1.56 each

Burger meals

INCLUDES A DRINK

Featuring 3oz American burger soft drink* | alcoholic drink*
£5.44 | **£6.97**

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£6.09 | **£7.62**

Steak Club

INCLUDES A DRINK

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin soft drink* | alcoholic drink*
£9.67 | **£11.20**

Curry Club

INCLUDES A DRINK

Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* | alcoholic drink*
£7.91 | **£9.44**

How to order from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot

🌱 Vegetarian 🌿 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-566477 www.msc.org

Adults need around 2000 kcal a day.‡

for the facts
drinkaware.co.uk

jdwetherspoon.com

SWSEA

MENU_7060

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.‡

goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

wetherspoon **hotels**

57 in England, Ireland, Scotland and Wales
HOTELS
Book direct for the best rates*
jdwetherspoon.com or on our app

UNLIMITED
FREE Wi-Fi

Small plates | Any 3 for £14.93

8" pizzas on a freshly baked sourdough base.

Margherita  <small>UNDER 500</small> 470 kcal Mozzarella, basil	5.91
Pepperoni  578 kcal Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.51
Roasted vegetable  515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.51
Vegan roasted vegetable   <small>UNDER 300</small> 353 kcal Mushroom, roasted pepper, courgette, onion, basil	6.51
Spicy meat feast    618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.09
11" garlic pizza bread  772 kcal	5.57
Nachos     592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03

With any of the small plates below, choose one dip:

Sweet chilli   48 kcal	
Sticky soy  100 kcal	
Naga chilli    136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal	
Chipotle mayo    150 kcal	
Blue cheese  270 kcal	
Halloumi-style fries  <small>UNDER 300</small> 396 kcal	4.96
Chicken bites <small>UNDER 300</small> 298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips  <small>UNDER 300</small> 459 kcal Five chicken breast strips	6.09
Chicken wings    804 kcal Ten spicy chicken wings	6.75
Quorn™ nuggets  <small>UNDER 300</small> 331 kcal Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

Paninis

Cheddar cheese and tomato  532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal	soft drink* 5.70 each
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Wraps	alcoholic drink* 7.23 each
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Southern-fried chicken and smoky chipotle mayo    639 kcal

Fried halloumi-style cheese and sweet chilli sauce   738 kcal
Tomato, cucumber

Add:
Chips  (602 kcal)
Salad  (87 kcal)
Spicy rice  (208 kcal) **1.44** each

Burgers INCLUDES A DRINK | Beef burgers made from 100% British beef.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	soft drink* 5.44 each	alcoholic drink* 6.97 each
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	5.44	6.97
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	6.04	7.57

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	7.73	9.26
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	8.30	9.83

Just-a-burger
Served on its own, without chips or a drink. each **3.36**

American burger UNDER 300 366 kcal
Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger  UNDER 300 459 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties		
Maple-cured bacon with Cheddar cheese 174 kcal	2.14	
Maple-cured bacon with American-style cheese 160 kcal	2.14	
Cheddar cheese  83 kcal	1.52	
American-style cheese  69 kcal	1.52	
Maple-cured bacon 91 kcal	1.52	
Crunchy chicken strip  92 kcal	1.50	

3oz beef patty 169 kcal		
Fried halloumi-style cheese  446 kcal		
Grilled chicken breast 187 kcal		each 1.97
Fried buttermilk chicken 473 kcal		
 <small>BEYOND MEAT</small> patty  184 kcal		

Curries INCLUDES A DRINK

Katsu curries
With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet	soft drink* 8.73 each
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Katsu grilled chicken curry  541 kcal Sliced grilled chicken breast	alcoholic drink* 10.26 each
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Katsu Quorn™ nugget curry  685 kcal
Eight coated pieces

Classic curries
With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry    867 kcal

Chicken tikka masala   1190 kcal

Chicken jalfrezi    935 kcal

Beef Madras    1043 kcal

Change your plain naan to a gartic naan  (add 58 kcal) **47p**

Gourmet burgers
Served with chips, six onion rings (871 kcal, included in Calories below).

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal Fried buttermilk chicken 1702 kcal	soft drink* 9.93 each	
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Grilled chicken breast 1495 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 11.46 each	
Fiesta burger  1462 kcal  <small>BEYOND MEAT</small> plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		

Triple American cheese & bacon burger 1479 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 11.38 alcoholic drink* 12.91	

British beef & pancetta lasagne 9.47 11.00
Choose: Side salad 780 kcal; Chips 1295 kcal

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger  787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 5.44 alcoholic drink* 6.97
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Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal
Breaded whole chicken breast fillet

Grilled chicken breast burger 969 kcal	soft drink* 7.73 each
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Meat-free burgers
Served with chips (602 kcal, included in Calories below).

Fried halloumi-style cheese burger   1128 kcal
Sweet chilli sauce

Beyond Burger™  834 kcal
 BEYOND MEAT plant-based patty

Chicken baskets INCLUDES A DRINK

Chicken wing basket    Eight wings, coleslaw, Naga chilli dip
Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal

Boneless basket 
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice  739 kcal; Chips 1133 kcal; Side salad 618 kcal	soft drink* 8.68 each	alcoholic drink* 10.21 each
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Southern-fried chicken strips basket 
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ ‘no chicken’ nuggets basket  
Eight coated pieces, coleslaw, sweet chilli sauce
Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Jacket potatoes INCLUDES A DRINK

With salad and one filling. Extra fillings 1.22 each.

Coleslaw  578 kcal	soft drink* 6.85 each	
Cheese  531 kcal		
Baked beans   501 kcal		
Five-bean chilli    <small>UNDER 300</small> 431 kcal		
Roasted vegetables   <small>UNDER 300</small> 402 kcal		

Salads and pastas INCLUDES A DRINK

Grilled halloumi-style cheese & roasted vegetable salad  <small>UNDER 500</small> 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	soft drink* 8.62 each	alcoholic drink* 10.15 each
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Chicken & maple-cured bacon salad 9.47 11.00
Choose: Grilled chicken breast  UNDER 300 279 kcal
Southern-fried chicken breast strips UNDER 300 461 kcal

Mediterranean salad   UNDER 300 334 kcal
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing
Add: Grilled halloumi-style cheese  (396 kcal) **1.97**
Roasted vegetables  (135 kcal) **1.53**
Grilled chicken breast (187 kcal) **1.97**

Pasta alfredo  618 kcal
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket
Add: Grilled chicken breast (187 kcal) **1.97**

British beef & pancetta lasagne 9.47 11.00
Choose: Side salad 780 kcal; Chips 1295 kcal

Small pub classics INCLUDES A DRINK

Fish and chips	soft drink* 7.84 each	alcoholic drink* 9.37 each
Small freshly battered cod and chips  Peas 680 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi	7.84	9.37

Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		

Small Wiltshire cured ham, egg and chips UNDER 300 455 kcal
One slice of Wiltshire cured ham, fried egg

Small all-day brunch 666 kcal
Sausage, bacon, fried egg, baked beans, chips

Small vegetarian all-day brunch  680 kcal
Two Quorn sausages, fried egg, baked beans, chips

Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* 6.09	alcoholic drink* 7.62
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Pub classics INCLUDES A DRINK

Fish and chips	soft drink* 10.08 each	alcoholic drink* 11.61 each
Freshly battered cod and chips  Peas 1239 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	10.08	11.61

Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		

Steak & kidney pudding 1223 kcal
Chips, peas, onion & red wine gravy

Wiltshire cured ham, eggs and chips 856 kcal
Two slices of Wiltshire cured ham, two fried eggs

Sausages, chips and beans 1170 kcal
Three Lincolnshire sausages

Vegan sausages, chips and beans  1013 kcal
Three Quorn sausages

Five-bean chilli    590 kcal. Rice, tortilla chips

All-day brunch 1213 kcal
Two sausages, bacon, two fried eggs, baked beans, chips
Add: Two slices of black pudding (355 kcal) **1.51**

Vegetarian all-day brunch  1126 kcal
Three Quorn sausages, two fried eggs, baked beans, chips

Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.	soft drink* 7.27	alcoholic drink* 8.80
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11" pizzas INCLUDES A DRINK

On a freshly baked sourdough base. soft drink*
8.68
each alcoholic drink*
10.21
each

Margherita  939 kcal. Mozzarella, basil	8.68	10.21
Pepperoni  1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket		soft drink* 9.84 each
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		alcoholic drink* 11.37 each

Roasted vegetable  10