

# Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning 8 kcal) 34p	4.51
Small bowl of chips	602 kcal	2.77
Five chicken wings	402 kcal	3.34
Eight Whitby breaded scampi	527 kcal	4.99
Grilled halloumi-style cheese	446 kcal	1.97
Peas	130 kcal	94p
Mushy peas	248 kcal	94p
Side salad	87 kcal	2.29
Mediterranean side salad	198 kcal	3.22
Roasted vegetables	135 kcal	1.53
Coleslaw	399 kcal	1.40
Sliced chillies	3 kcal	88p
Onion rings	Six 269 kcal Twelve 538 kcal	2.33 3.50
Garlic pizza bread	8' 386 kcal 11' 772 kcal	4.69 5.86
With cheese	8' 461 kcal 11' 922 kcal	5.27 6.74

# Desserts

Vanilla ice cream	338 kcal	2.11
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	365 kcal	2.11
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie	435 kcal	3.28
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	435 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream		
Fresh fruit	447 kcal	5.16
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	913 kcal, Vanilla ice cream	5.91
Warm chocolate brownie	736 kcal	5.91
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	735 kcal	5.91
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble	830 kcal	6.22
Vanilla ice cream		

Add:

Vanilla ice cream scoop	(135 kcal) 94p
Belgian chocolate sauce	(61 kcal) 42p
Toffee sauce	(74 kcal) 42p
Banana	(101 kcal) 62p
Strawberries	(14 kcal) 62p
Blueberries	(17 kcal) 62p

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

- Very mild, Mild, Medium hot, Very hot, Extremely hot
- Vegetarian, Vegan, 5% fat or less, Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-566477 www.msc.org

Adults need around 2000 kcal a day.<sup>§</sup>

# BREAKFAST

<b>Large breakfast</b> 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	8.24	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.74
<b>Traditional breakfast</b> 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	6.54	<b>Mushroom Benedict</b> 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.74
<b>Small breakfast</b> 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.62	<b>Miner's Benedict</b> 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.74
Add: Two slices of black pudding (355 kcal)	1.51	<b>Scrambled egg on toast</b> 570 kcal Three eggs, buttered white bloomer toast	5.16
<b>Large vegetarian breakfast</b> 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.24	<b>Beans on toast</b> 566 kcal. Buttered white bloomer toast	4.01
<b>Vegetarian breakfast</b> 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.54	<b>Two slices of toast with jam or marmalade</b> 496 kcal White bloomer bread	2.80
<b>Small vegetarian breakfast</b> 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.62	<b>Fresh fruit</b> 177 kcal Apple, banana, blueberries, strawberries	4.01
<b>Vegan breakfast</b> 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	6.14	<b>Porridge</b> 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p Blueberries (17 kcal) 62p Honey (91 kcal) 34p	2.09
<b>Freedom breakfast</b> 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.62		

## Breakfast extras

Add any of the following:			
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57
Sausage 168 kcal	1.05	Two scrambled eggs 136 kcal	1.63
Quorn™ sausage 116 kcal	1.05	Fried egg 56 kcal	93p
Grilled halloumi-style cheese 396 kcal	1.97	Poached egg 63 kcal	93p
Baked beans 126 kcal	93p	Hash brown 82 kcal	46p
		Two mushrooms 91 kcal	93p
		Two grilled tomato halves 16 kcal	52p
		Slice of toast 191 kcal	1.13

## Breakfast butties and wraps

<b>Bacon butty</b> 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.59	<b>Breakfast wrap</b> 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	5.75
<b>Sausage butty</b> 713 kcal. Two sausages, buttered white bloomer bread	4.59	<b>Vegetarian breakfast wrap</b> 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	5.75
<b>Quorn™ sausage butty</b> 609 kcal Two Quorn sausages, buttered white bloomer bread	4.59		

## Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills<sup>†</sup>

<b>Egg &amp; cheese muffin</b> 249 kcal Fried egg, American-style cheese, in an English muffin	4.70
<b>Egg &amp; bacon muffin</b> 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.16
<b>Egg &amp; sausage muffin</b> 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	5.16
<b>Egg &amp; Quorn™ sausage muffin</b> 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	5.16
<b>Breakfast muffin</b> 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	5.40
Add: Hash brown (82 kcal) 46p	

## Tea, coffee and hot chocolate

**FREE REFILLS**  
TEA, COFFEE AND HOT CHOCOLATE  
— ALL DAY EVERY DAY —

LAVAZZA TORINO, ITALIA, 1895

100% ARABICA BEANS

£1.56 each

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**Biscuits**  
Walkers shortbread 151 kcal 71p  
Stem ginger biscuit 123 kcal 71p  
Belgian chocolate biscuit 129 kcal 71p  
Salted caramel brownie bar 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com <sup>†</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: \*Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. †Statement of daily calorie needs from the Department of Health & Social Care. ‡Excluding decaffeinated. †Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

# Served 8am - 12 noon

# FOOD

Main menu 11.30am - 11pm. Children's menu available.

**INCLUDES A DRINK\***  
Choose from over 150 drinks



Purpose built as a supermarket in the 1970s, these premises stand on the site of Sidney Croydon's Printing and Publishing Works. Croydon also owned the steam laundry next door. Henrietta Paddon worked in the steam laundry in the early 1900s. In 1925, her husband teamed up with Commander EG Martin to win the first 600-mile Fastnet Race in the gaff-rigged pilot cutter Jolie Brise. She is the only vessel to have won the race three times.

**FOOD HYGIENE RATING**  
5 (Very Good)

**Food hygiene rating**  
We have been awarded the maximum food hygiene rating of 5 in our pub.

**100% UK and Irish beef**  
Sourced from farms in the UK and Ireland. Traceable from farm to fork.

**100% UK AND IRISH BEEF**

**Sustainable fish**  
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

**Free-range eggs**  
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**CERTIFIED SUSTAINABLE SEAFOOD MSC**

**RSPCA ASSURED**

**Breakfast**  
8am - 12 noon  
Traditional breakfast  
**£6.54**

**Tea, coffee and hot chocolate**  
Free refills<sup>†</sup>  
**£1.56** each

**Burger meals**  
INCLUDES A DRINK  
Featuring 3oz American burger soft drink\* | alcoholic drink\*  
**£7.20** | **£8.73**

**Afternoon deals**  
INCLUDES A DRINK  
Mon - Fri, 2pm - 5pm  
Featuring small freshly battered fish and chips soft drink\* | alcoholic drink\*  
**£7.85** | **£9.38**

**Steak Club**  
INCLUDES A DRINK  
Tuesday 11.30am - 11pm  
Featuring classic 8oz sirloin soft drink\* | alcoholic drink\*  
**£11.42** | **£12.95**

**Curry Club**  
INCLUDES A DRINK  
Thursday 11.30am - 11pm  
Featuring the katsu curry range soft drink\* | alcoholic drink\*  
**£9.67** | **£11.20**

**How to order from your table**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



**LAVAZZA**  
TORINO, ITALIA, 1895



**Coffee**  
The freshly ground 100% Arabica Lavazza coffee<sup>†</sup> we serve is from Rainforest Alliance-certified farms.  
**Tea**  
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.  
Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

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for the facts  
**drinkaware.co.uk**  
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SWSEA

MENU 7309

**goodfoodtalks**  
opening menus for everybody  
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.<sup>§</sup>

