Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 🗸 8" 473 kcal 4.98 **11**" 922 kcal **6.44** With cheese V

Desserts NEW Salted caramel sticky toffee pudding V 4.99 Vanilla ice cream 877 kcal or custard 741 kcal 2.17 NEW Millionaire's shortbread (V) (1888) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, Vanilla ice cream V 500 334 kcal 1.82 Two scoops, toffee sauce, Belgian chocolate sauce 1.82 Cookie crunch V 5364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 500 435 kcal 2.98 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1888) 431 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 6555) 412 kcal 3.54 Two pancakes, maple-flavour syrup, vanilla ice cream 4.56 Fresh fruit V 5% 500 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.33 Warm chocolate brownie V 736 kcal 5.33 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.62 Vanilla ice cream 673 kcal or custard 🚳 537 kcal American-style pancakes V 38 689 kcal 4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients. Set Calorie and carbohydrate limits
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild	PP = Mild	<i> </i> =	- Medium	hot 🆊	= Very ho	t
= Ex	tremely ho	t				
V Vegetarian		5% f	at or less	UNDER D	ish under 500	Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.66
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of Small breakfast (37) 435 kcal	4.99 toast 4.45	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) 75p		Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce. rocket	5.14
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast V 1129 kcal	4.45 6.59	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		American-style pancakes NEW Four pancakes, banana, strawberries, blueberries,	4.99
Vegetarian breakfast № 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	maple-flavour syrup. № © 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. № © 554 kcal	4.99 4.30
Small vegetarian breakfast V 😵 😁 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato Vegan breakfast 🚳 642 kcal	4.45 4.61	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. ₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹	3.54 3.25
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	3.77
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausage four pancakes, maple-flavour syrup	6.85 s,	Beans on toast V 55 566 kcal. Buttered white bloomer toast NEXY Vegan option available with vegan spread 60 55 555 460 kcal Small beans on toast V 55 557 252 kcal	3.66 2.62
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	4.99	Buttered white bloomer toast Two slices of toast with jam or marmalade 524 kcal	2.47
two pancakes, maple-flavour syrup Porridge V 30 (55) 252 kcal (plain) Add: Banana (100 kcal) 62p; Maple-flavour syrup (125 kcal) 34p	2.09	White bloomer bread Fresh fruit	3.66
Strawberries ⊚ (27 kcal) 62p; Blueberries ⊚ (17 kcal) 62p Honey ♥ (91 kcal) 34p; Sliced apple ⊚ (46 kcal) 62p		NEW Fresh fruit and yoghurt (v) (30) 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

Breakfast extras

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
_incolnshire sausage 168 kcal 1	.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
/egan sausage ⊘ 82 kcal 1	.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown 🥑 82 kcal	46p	Poached egg V 63 kcal	93p	-	

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.66
Sausage butty 714 kcal	3.66
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	3.66
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 5% 566 435 kcal	

Rreakfast muffin deal

Di Eariast Illullill UEal	
Includes tea, coffee or hot chocolate. Free refill	S°
Egg & cheese muffin ♥ (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin (555) 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin 6557 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin ♥ (500) 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin 3333 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	.01
Smashed avocado muffin ⊘ ॐ ॐ 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97	.01
Add: Hash brown 🥑 (82 kcal) 46p	

Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

Tea. coffee and hot chocolate-



Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar @ 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.

The Bishop Blaize Stretford



recorded here in the mid 15th century. Demolished in 1863, its name lives on in this Wetherspoon pub. Stretford also takes its name from a river crossing. After it was demolished, the Bishop Blaize inn was replaced by the Talbot Hotel.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



around 2000 kcal a day.§

Allergen and nutritional information can

be found on our customer information screen,

website and Wetherspoon app. Adults need

100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



hot chocolate

Free refills

Breakfast

£4.99

£1.56

Traditional

breakfast

Deli Deals INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

£4.11

alcoholic drink* £5.64

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger soft drink* alcoholic drink*

£6.97 £5.44

Afternoon deals INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips

soft drink*

£6.09

£7.62

Steak Club

INCLUDES A DRINK' •

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin alcoholic drink^{*}

£9.67 £11.20

Curry Club

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* alcoholic drink*

£7.91

INCLUDES A DRINK • Choose from over 150 drinks





Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

£9.44

Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey



Sustainable Restaurant Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





Small plates Any 3 for £14.		Burgers INCLUDES Beef burgers made with 100
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		Beef burgers One 3 oz beef patty
Margherita V 5567 kcal. Mozzarella, basil	5.91	C
Pepperoni 575 kcal. Mozzarella, pepperoni	6.51	American burger 696 kcal
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocke		Red onion, gherkin, ketchup, American-st
BBQ chicken 555 kcal	6.51	Classic beef burger 677 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		Iceberg lettuce, tomato, red onion Skinny beef burger (500) 375 kca
Roasted vegetable V 514 kcal	6.51	Iceberg lettuce, tomato, red onion, with a
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	/ 5/	American cheese burger 730 k
Vegan roasted vegetable @ \$3 \$355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.51	American-style cheese, red onion, gherkii
Spicy meat feast /// 615 kcal	7.09	A 1 III III
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.0	Double beef burgers Two 3oz
<u> </u>	4.96	Served with chins (602 kcal, include
NEW Char-grilled halloumi-style cheese V 514 kcal Rocket, roasted pepper, courgette, onion, salsa	4.70	Double American burger 1138
11" garlic pizza bread V 772 kcal	5.57	Red onion, gherkin, ketchup, American-st
Nachos ♥♥♥ ♥ 695 kcal. Cheese, guacamole, salsa, sour cream, sliced		Double classic beef burger 11
Bowl of chips @ 964 kcal	4.23	Iceberg lettuce, tomato, red onion
Bowl of chips with curry sauce @ 1082 kcal	5.58	
Cheesy chips ♥ 1256 kcal	5.36	American etula muetard
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03	
Tomato & basil soup V 53 5555 374 kcal. White bloomer bread	4.23	
NEW Vegan option available with vegan spread 🥏 👀 📸 285 kcal		Served with a small portion of chips Crunchy chicken strip burger
With any of the small plates below, choose one dip:		Two southern-fried chicken strips, iceberg
Sweet chilli // @ 37 kcal; Sticky soy V 100 kcal; Naga chilli /// @		
Jack Daniel's® Tennessee Honey glaze 87 kcal; Chipotle mayo	∨ 150 kcal	Served with chips (602 kcal, include Fried buttermilk chicken bure
Blue cheese V 270 kcal; BBQ sauce @ 83 kcal	/ 0/	D 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Halloumi-style fries V 555 396 kcal	4.96	Char-grilled chicken breact by
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.09	Skinny chicken hurger @ WPR
Southern-fried chicken strips # 550 459 kcal. Five chicken brea		Char-grilled chicken breast, with a side sala
Chicken wings ### 813 kcal. Ten spicy chicken wings	6.75	Most free hurgers
Quorn™ nuggets @ 📸 331 kcal. Eight coated pieces	5.19	Served with chips (602 kcal, include
Deli Deals Includes a Drink		Beyond Burger™ @ 1043 kcal
		BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce
All wraps and paninis are freshly made to order.		Breaded vegetable burger V
10" wraps A smaller wrap and filling.		Lentils, carrot, onion, sweetcorn, mushro
Small brunch wrap 559 kcal		Fried halloumi-style cheese
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,	Just-a-burger
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	without a drink 3.08	Served on its own, without chips of
Small shawarma chicken FFF 502 kcal	each	American burger (500) 367 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,		Red onion, gherkin, ketchup, American-styl
tomato, onion, rocket, fresh mint	soft drink*	Crunchy chicken strip burger
Small Quorn [™] nuggets @ 5555 310 kcal	4.11 each	Two southern-fried chicken strips, iceberg
Salad leaves, tomato, cucumber, salsa		Curries includes
Small southern-fried chicken /// (505) 399 kcal	alcoholic drink*	
	5.64	Classic curries With basmatip
, , ,	each	
Salad leaves, smoky chipotle mayo Small cold chicken breast // 🖘 😘 277 kcal Salad leaves, sweet shill incure.	each	
Small cold chicken breast 🖊 🔊 👀 277 kcal Salad leaves, sweet chilli sauce	each	& spinach curry 🏴 🕢 🚳 927 kg
Small cold chicken breast // © 555 277 kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese // V 555 391 kcal	each	& spinach curry 🖊 🗑 🚳 927 kg Chicken tikka masala 🆊 1190 l
Small cold chicken breast // © 666 277 kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese // © 666 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber		& spinach curry // @ 39 927 kg Chicken tikka masala // 1190 l Chicken jalfrezi /// 39 935 kgal
Small cold chicken breast		Mangalorean roasted cauliflo & spinach curry // @ 3 927 kca Chicken tikka masala // 1190 k Chicken jalfrezi /// 3 935 kcal Beef Madras
Small cold chicken breast \$\times\$ \$\times\$		& spinach curry // @ 3927 kca Chicken tikka masala // 1190 k Chicken jalfrezi /// 3935 kcal Beef Madras //// 1043 kcal
Small cold chicken breast \$\tilde{\psi} \ \colon \		& spinach curry // @ 3927 kc: Chicken tikka masala // 1190 l Chicken jalfrezi /// 3935 kcal Beef Madras /// 1043 kcal Change your plain naan to a garlio
Small cold chicken breast \$\mathbb{F} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		& spinach curry // @ 3927 kca Chicken tikka masala // 1190 l Chicken jalfrezi /// 3935 kcal Beef Madras /// 1043 kcal Change your plain naan to a gartic
Small cold chicken breast \$\mathbb{F} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		& spinach curry // @ 3927 kca Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlic Simple curries With basmati posimple Mangalorean roasted
Small cold chicken breast \$\mathbb{/} \		& spinach curry // @ 3927 kcal Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a gartic Simple curries With basmati p Simple Mangalorean roasted cauliflower & spinach curry /
Small cold chicken breast \$\mathbb{F} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		& spinach curry // @ 3927 kcal Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlic Simple curries With basmati p Simple Mangalorean roasted cauliflower & spinach curry / Choose: Basmati pilau rice 3568 kcal; C
Small cold chicken breast \$\tilde{\psi}\$ \$\	.03 each	& spinach curry // @ 3927 kcal Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlic Simple curries With basmati p Simple Mangalorean roasted cauliflower & spinach curry / Choose: Basmati pilau rice 3568 kcal; Chipe chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chipe
Small cold chicken breast \$\tilde{\psi}\$ \$\	.03 each soft drink* 5.70	& spinach curry // @ 3927 kcal Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlio Simple curries With basmati p Simple Mangalorean roasted cauliflower & spinach curry / Choose: Basmati pilau rice 368 kcal; Chip Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chip
Small cold chicken breast \$\mathcal{F}\$ \$\ \text{3}\$ \$\ \text{277}\$ kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese \$\mathcal{F}\$ \$\ \text{3}\$ \$\ \text{300}\$ 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad \$\text{3}\$ (46 kcal): Small portion of chips \$\text{3}\$ (329 kcal) 1 12" wraps 12" Wraps 12" Shawarma chicken \$\mathcal{F}\$ 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint Quorn™ nuggets \$\text{300}\$ \$\text{508}\$ kcal. Tomato, cucumber, salsa Southern-fried chicken \$\mathcal{F}\$\$ 609 kcal Salad leaves, smoky chipotle mayo Cold chicken breast \$\mathcal{F}\$\$ \$\text{30}\$ \$\text{479}\$ kcal Salad leaves, sweet chilli sauce Fried halloumi-style cheese \$\mathcal{F}\$ \$\text{30}\$ 707 kcal	.03 each soft drink* 5.70 each	& spinach curry // @ 3927 kcal Chicken tikka masala // 1190 l Chicken jalfrezi // 3935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlio Simple curries With basmati p Simple Mangalorean roasted cauliflower & spinach curry / Choose: Basmati pilau rice 3568 kcal; Chip Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chip Simple chicken jalfrezi /// Choose: Basmati pilau rice 3575 kcal; Chip
Small cold chicken breast \$\tilde{\psi}\$ \$\	.03 each soft drink* 5.70 each alcoholic drink*	& spinach curry 9
Small cold chicken breast \$\mathbb{F} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	soft drink* 5.70 each alcoholic drink* 7.23	& spinach curry 9
Small cold chicken breast \$\mathset{\psi}\$ \$\text{ \$\infty}\$ \$\tex	.03 each soft drink* 5.70 each alcoholic drink*	& spinach curry 9
Small cold chicken breast \$\mathset{\psi}\$ \$\text{ \$\infty}\$ \$\tex	soft drink* 5.70 each alcoholic drink* 7.23	& spinach curry 9
Small cold chicken breast \$\ni\$	soft drink* 5.70 each alcoholic drink* 7.23	& spinach curry // @ \$ 927 kca Chicken tikka masala // 1190 k Chicken jalfrezi // \$ 935 kcal Beef Madras // 1043 kcal Change your plain naan to a garlic Simple curries With basmati pi Simple Mangalorean roasted cauliflower & spinach curry Choose: Basmati pilau rice \$ 568 kcal; C Simple chicken tikka masala Choose: Basmati pilau rice \$30 kcal; Chip Simple chicken jalfrezi // Choose: Basmati pilau rice \$575 kcal; C Simple beef Madras // C Simple beef Madras // // Choose: Basmati pilau rice 684 kcal; Chip Add: One vegetable samosa and two onio Two plain poppadums @ (86 kcal) 47p
Small cold chicken breast \$\psi\$ \$\colon 277 kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese \$\psi\$ \$\colon 500 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad \$\colon (46 kcal)\$; Small portion of chips \$\colon (329 kcal)\$ 1 12" wraps IEV Shawarma chicken \$\psi\$ 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint Quorn™ nuggets \$\colon 508 kcal\$. Tomato, cucumber, salsa Southern-fried chicken \$\psi\$ 609 kcal Salad leaves, smoky chipotle mayo Cold chicken breast \$\psi\$ \$\colon 479 kcal Salad leaves, sweet chilli sauce Fried halloumi-style cheese \$\psi\$ \colon 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Paninis Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato \$\colon 527 kcal	soft drink* 5.70 each alcoholic drink* 7.23	& spinach curry 9 9 927 kca Chicken tikka masala 9 199 199 199 199 199 199 199 199 199

8" pizzas on a freshly baked sourdough base

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal): Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

Choose any 8" pizza from the small plates section.

_		
Burgers INCLUDES A DRINK. Beef burgers made with 100% British b		v cookod to
Beef burgers One3ozbeef patty.	eer, mesm	y cooked to
Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* 5.44 each	alcoholic drink* 6.97 each
Skinny beef burger 375 kcal lceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	-	oft drink* 6.04 lic drink* 7.57
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	below).	• • • • • • • • • • • • • • • • • • • •
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each	alcoholic drink* 9.26 each
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.30 lic drink* 9.83
Chicken burgers Served with a small portion of chips (329 kcal, incl Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayon Served with chips (602 kcal, included in Calories	s naise alcoho	calories below). oft drink* 5.44 blic drink* 6.97
Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger (20) (20) 394 kcal	soft drink* 7.73 each	alcoholic drink* 9.26 each
Char-grilled chicken breast, with a side salad, instead of chip	S	
Meat-free burgers Served with chips (602 kcal, included in Calories b	elow).	
Beyond Burger™ @ 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 7.73 each	alcoholic drink* 9.26 each
Breaded vegetable burger © 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,		
Fried halloumi-style cheese burger		
Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 447 kc		each 3.36
Two southern-fried chicken strips, iceberg lettuce, mayon		
Curries includes a drink	_	
Classic curries With basmati pilau rice, plain Mangalorean roasted cauliflower	ı naan and p	oppadums.
& spinach curry // @ \$9 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // \$935 kcal Beef Madras // 1043 kcal	soft drink* 9.84 each	alcoholic drink* 11.37 each
Change your plain naan to a garlic naan ♥ (add	92 kcal) 47p	
Simple curries With basmati pilau rice or ch Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$\infty\$ 568 kcal; Chips 970 kcal	ips.	
Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi	soft drink* 7.62 each	alcoholic drink* 9.15 each
Choose: Basmati pilau rice \$\infty\$ 575 kcal; Chips 977 kcal Simple beef Madras \$\textit{FIFF}\$ Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal	(000)	
Add: One vegetable samosa and two onion bhajis Two plain poppadums (86 kcal) 47p	(293 kcal) 1.7	0
Katsu curries With a mild Japanese-style kat coconut-flavour rice, sliced chillies and coriande Katsu grilled chicken curry \$\omega\$ 542 kcal Sliced char-grilled chicken breast		ce,
Katsu Quorn™ nugget curry ② 686 kcal Eight coated pieces Katsu chicken curry 828 kcal	soft drink* 8.73 each	alcoholic drink* 10.26 each
Sliced whole breaded chicken breast fillet		

Sliced whole breaded chicken breast fillet

aceable from farm to fork.	
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calori	ies below).
Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal	soft drink* 9.93 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 11.46 each
Heatwave burger FFF Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal	
Fiesta burger	per,
Triple American cheese & bacon burger 1770 kcal so Three 3oz beef patties, American-style cheese, alcoholi maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	ft drink* 11.38 ic drink* 12.91
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 l Cheddar cheese © 82 kcal American-style cheese © 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip • 92 kcal	2.14 kcal 2.14 1.52 1.52 1.52
3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty ② 257 kcal Fried halloumi-style cheese ③ 298 kcal BEYOND MEAT patty ③ 184 kcal	each 1.97
Chicken Includes A DRINK	
Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken	
Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy / / Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	soft drink* 10.83 each alcoholic drink* 12.36 each
Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy Chicken baskets	
Chicken wing backet FFF Fight wings coloslaw Naga chilli di	n

Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb # Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	soft drink* 10.83 each
Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	alcoholic drink* 12.36 each
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	
Chicken baskets Chicken wing basket FFF Eight wings, colestaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket F Three southern-fried chicken strips, five chicken breast bites, colestaw, Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal	soft drink* 8.68 each
Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	alcoholic drink' 10.21 each
Quorn™ 'no chicken' nuggets basket ♥ ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	
Add: Chicken gravy (50 kcal) 94p	• • • • • • • • • • • • • • • • • • • •

11" pizzas includes a drink ,		
Sourdough base - proved, stretched, topped and freshly baked to order. Margherita 🛡 934 kcal. Mozzarella, basil	soft drink*	alcoholic drir 10.2 ′
Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal		
Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable © 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		soft drink* 9.84 each alcoholic drink*
моггатекта, musimoom, roasteu pepper, courgette, omon, basit Vegan roasted vegetable @		each
Spicy meat feast /// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, roc	11.02 cket	12.5
Additional toppings Red onion @ 10 kcal; Sliced chillies FFFFF @ 3 kcal; Mush	room 🥏 4 ki	cal each 88 1
Garlic & herb dip 🥑 180 kcal; Mozzarella V 150 kcal; Ham 71	l kcal	••••
Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.1 5
Chicken breast 94 kcal; Maple-cured bacon 91 kcal Pepperoni	•••••	
Pepperoni 🆊 109 kcal; Roasted vegetables 🥥 90 kcal	IDES A D	each 1.5 3
Pepperoni // 109 kcal; Roasted vegetables @ 90 kcal Small pub classics inclu	JDES A D	each 1.5
Pepperoni		
Pepperoni 109 kcal; Roasted vegetables 90 kcal Small pub classics INCLU Fish and chips Fish	soft drink*	each 1.53 RINK • • • • • • • • • • • • • • • • • • •
Pepperoni 109 kcal; Roasted vegetables 90 kcal Small pub classics INCLU Fish and chips Finall freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal Finall Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Fiour Whitby breaded scampi Industrial freshly breaded (404 kcal) 1.34	soft drink*	each 1.53 RINK • • • • • • • • • • • • • • • • • • •
Pepperoni 109 kcal; Roasted vegetables 990 kcal Small pub classics INCLU Fish and chips Fish a	soft drink*	each 1.53 RINK of alcoholic drin 9.31
Pepperoni 109 kcal; Roasted vegetables 990 kcal Small pub classics INCLU Fish and chips Finall freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal Finall Whitby breaded scampi Fibins, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Fibins hop-style curry sauce (118 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46 Finall Wiltshire cured ham, Finall All-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	soft drink* 7.84 7.84	each 1.53 RINK • IIII alcoholic drin 9.33 9.31
	7.84 7.84 7.84	each 1.53 RINK • 4 alcoholic drin

Two vegan sausages, med egg, baked beans, chips		
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* a	alcoholic drink* 7.62
Pub classics includes a de	RINK •	
Fish and chips	soft drink*	alcoholic drink*
Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46	• • • • • • • • • • • • • • • • • • • •	••••••
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked bea Add: Black pudding (178 kcal) 75p	9.72 ins, chips	11.25
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85

Wiltshire cured ham, eggs and chips 856 kcal

Vegan sausages, chips and beans @ 910 kcal

NEW Chilli bean non-carne 🗸 🕢 🖘 635 kcal 8.32 9.85 Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal

Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above pub class

Three Lincolnshire sausages

Three vegan sausages

9.26

9.26

9.26

7.73

7.73

soft drink* alcoholic drink*
7.27 8.80

From farms in the UK and Ireland, prin (traceable from farm to fork), matured seasoned with a steak-seasoning blend cooked to your liking.	for 28 day	S,
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* 11.25 each	alcoholic drink* 12.78 each
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mashed potato 1003 kcal; Chips 1320 kcal	soft drink* 13.59 each	alcoholic drink* 15.12 each
Add your choice of steak sauce: Creamy peppercorn sauc Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82		
Below meals are served with peas, tomato and m	ushroom. soft drink	* alcoholic drin
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad ® 609 kcal; Mediterranean salad 739 Jacket potato ® 856 kcal; Mashed potato 827 kcal; Chip:		11.6
5oz gammon and egg Choose: Side salad ጭ ‱ 402 kcal; Mediterranean sal Jacket potato ጭ 649 kcal; Mashed potato 620 kcal; Chip:		10.2
10oz gammon and eggs	11.89	13.4

BBQ chicken melt	10.08	11.6
Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce		
Choose: Side salad 58 609 kcal; Mediterranean salad 73	9 kcal	
Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chip	ı s 1143 kcal	
5oz gammon and egg	8.73	10.2
Choose: Side salad 🚳 😘 402 kcal; Mediterranean sa	lad 532 kcal	
Jacket potato 🥯 649 kcal; Mashed potato 620 kcal; Chip	s 936 kcal	
10oz gammon and eggs	11.89	13.4
Choose: Side salad 611 kcal; Mediterranean salad 741 kg	al	
Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1	146 kcal	
Mixed grill	11.89	13.4
Gammon, pork loin, rump, lamb, Lincolnshire sausage		
Choose: Side salad 984 kcal; Mediterranean salad 1114 l	cal	
Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips	: 1519 kcal	
Large mixed grill	13.65	15.1
Gammon, pork loin, rump, lamb, two Lincolnshire sausage	es,	
fried egg, six onion rings		
Choose: Side salad 1477 kcal; Mediterranean salad 1607	kcal	
Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips	2012 kcal	

Noodles, salads and pastas INCLUDES A DRINK •

	soft drink*	alcoholic drink*
Near Ramen noodle bowl // @ @ 666 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coris		8.52
in a light broth	unuci,	
Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg	y <equation-block> (63 kcal)</equation-block>	93p
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 555 283 kcal Southern-fried chicken breast strips 555 465 kcal	9.47	11.00
Mediterranean salad	8.35 ner,	9.88
Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal)	1.53	
Char-grilled chicken breast (187 kcal) 1.97		
Grilled halloumi-style cheese & roasted vegetable salad ♥ (***) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	8.62	10.15
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla ch guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne 🌶 ⊚ (149 kcal) 1.97	8.62 ips,	10.15
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cure		10.43
, , ,	,	,
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	9.47	11.00

Jacket potatoes Includes a DRINK

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw 🔮 559 kcal Cheese V 512 kcal

Baked beans @ 588 5555 482 kcal Chilli bean non-carne / @ 538 5555 442 kcal

Roasted vegetables @ 53 555 383 kcal

soft drink* alcoholic drink* 6.85 8.38