



















Desserts

NEW Giant profiterole  433 kcal	5.99
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream	
NEW Salted caramel sticky toffee pudding  877 kcal	6.26
Vanilla ice cream	
NEW Millionaire's shortbread  409 kcal	2.83
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream  334 kcal	2.48
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch  364 kcal	2.48
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie  435 kcal	3.56
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich  431 kcal	3.56
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit  470 kcal	5.29
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake  909 kcal	5.99
Vanilla ice cream	
Warm chocolate brownie  736 kcal	5.99
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich  727 kcal	5.99
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble  673 kcal	6.26
Vanilla ice cream	

Add: Vanilla ice cream scoop  (135 kcal) 94p ; Toffee sauce  (66 kcal) 42p	
Belgian chocolate sauce  (61 kcal) 42p ; Banana  (110 kcal) 62p	
Strawberries  (27 kcal) 62p ; Blueberries  (17 kcal) 62p	




ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

-  = Very mild  = Mild  = Medium hot  = Very hot  = Extremely hot
 -  Vegetarian  Vegan  5% 5% fat or less  Dish under 500 Calories
 -  Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org
- Adults need around 2000 kcal a day.⁸

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








BREAKFAST

Served
8am - 12 noon











Large breakfast 1343 kcal	7.99
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	6.40
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast  435 kcal	5.56
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	

Add: Black pudding (178 kcal) 75p	



Freedom breakfast 586 kcal	5.56
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1129 kcal	7.99
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  786 kcal	6.40
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast  291 kcal	5.56
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast  642 kcal	6.03
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge  252 kcal (plain)	2.48
Add: Banana  (110 kcal) 62p ; Strawberries  (27 kcal) 62p	
Blueberries  (17 kcal) 62p ; Honey  (91 kcal) 34p	
Sliced apple  (46 kcal) 62p	

Breakfast extras

Add any of the following:

Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans  126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms  100 kcal	93p
Vegan sausage  82 kcal	1.05	Two scrambled eggs  136 kcal	1.63	Two grilled tomato halves  16 kcal	52p
Slice of toast  225 kcal	1.13	Fried egg  56 kcal	93p	Grilled halloumi-style cheese  447 kcal	1.97
Hash brown  82 kcal	46p	Poached egg  63 kcal	93p		

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.59
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.59
Vegetarian sausage butty  541 kcal Two vegan sausages, buttered white bloomer bread	4.59
NEW Vegan option available with vegan spread  435 kcal	











Breakfast muffin deal


Includes tea, coffee or hot chocolate. Free refills*

Egg & cheese muffin  249 kcal Fried egg, American-style cheese, in an English muffin	4.70
Egg & bacon muffin  314 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.13
Egg & sausage muffin  417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	5.13
Egg & vegetarian sausage muffin  330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	5.13
Breakfast muffin  482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	5.35

Add: Hash brown  (82 kcal) 46p	


All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

NEW Fiesta brunch  659 kcal	4.59
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	6.59
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict  638 kcal	6.59
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	6.59
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
NEW Hash brown basket  410 kcal	1.99
Scrambled egg on toast  570 kcal	5.13
Three eggs, buttered white bloomer toast	
Beans on toast  566 kcal. Buttered white bloomer toast	4.05
NEW Vegan option available with vegan spread  460 kcal	
Small beans on toast  252 kcal	2.97
Buttered white bloomer toast	
Two slices of toast with jam or marmalade  524 kcal	2.90
White bloomer bread	
Fresh fruit  200 kcal	4.05
Apple, banana, blueberries, strawberries	
NEW Fresh fruit and yoghurt  334 kcal	5.56
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	





Breakfast wrap 724 kcal	5.67
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap  735 kcal	5.67
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	









Tea, coffee and hot chocolate



FREE REFILLS*
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56 each

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

Flat white  92 kcal
Cappuccino  102 kcal
Latte  113 kcal
Mocha  147 kcal
Espresso  6 kcal
Black coffee  6 kcal
White coffee  24 kcal
Hot chocolate  169 kcal

Tea with semi-skimmed milk  14 kcal
Dairy alternative: oat satchet  4 kcal
Decaffeinated tea and coffee available.

for the facts
drinkaware.co.uk
jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Penderel's Oak

Holborn

This pub occupies the ground floor and cellar of Penderel House, named after Richard Penderel. At the end of the Civil War, in 1652, he helped King Charles II to escape from Cromwell's troops by hiding the royal fugitive in an oak tree on his country estate.



Table service

Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.




100% UK and Irish beef
From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£6.40

Tea, coffee and hot chocolate
Free refills 
£1.56 each

Deli Deals
INCLUDES A DRINK 
Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink
£4.83
soft drink* **£5.86** | alcoholic drink* **£7.48**

Burger meals
INCLUDES A DRINK 
Featuring 3oz American burger
soft drink* **£7.23** | alcoholic drink* **£8.85**

Afternoon deals
INCLUDES A DRINK 
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£7.78** | alcoholic drink* **£9.40**

Steak Club
INCLUDES A DRINK 
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£11.07** | alcoholic drink* **£12.69**

Curry Club
INCLUDES A DRINK 
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£9.45** | alcoholic drink* **£11.07**

INCLUDES A DRINK 
Choose from over 150 drinks

LAVAZZA **Coffee**
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu
Best children's meals (first place) Independently run 'secret diner' survey.

Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

LTSIM MENU_506

