#### Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 2.99 NEW Five chicken breast bites 161 kcal Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 💟

With cheese V	<b>8</b> " 473 kcal	4.98	<b>11</b> " 922 kcal	6.44
<b>Desserts</b>				
Vanilla ice cream 877 kcal or c		e puddin	g 🛡	4.99
NEW Millionaire's sho Two vanilla ice cream scoops, toffee sauce				2.17
Vanilla ice cream ♥ @ Two scoops, toffee sauce, Belg		auce		1.82
Cookie crunch V Two vanilla ice cream scoops,		e, Belgian ch	ocolate sauce	1.82
<b>Mini warm chocolate</b> Belgian chocolate sauce, vanil		UNDER 435 kc	al	2.98
Mini warm cookie dou Salted caramel filling, toffee s	-		431 kcal	2.98
Mini American-style   Two pancakes, maple-flavours		_	cal	3.54
Fresh fruit V 🚳 📆 47 Apple, banana, blueberries, str		lla ice cream	ı	4.56
Warm chocolate fudg	<b>e cake </b> 90	9 kcal. Vanill	a ice cream	5.33
Warm chocolate brow Belgian chocolate sauce, vanil		al		5.33
<b>Warm cookie dough s</b> Salted caramel filling, toffee s	_			5.33
British Bramley apple Vanilla ice cream 673 kcal or c				5.62
American-style panc	akes 🕐 🐵 68	39 kcal		4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

· Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

 $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot	
= Extremely hot	
Vegetarian Vegan 5% 5% fat or less 500 Dish under 500 Calories	

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

### Served 9am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59	NEW Fiesta brunch / © 659 kcal Poached egg, toast, guacamole, pico de gallo,	3.88
three hash browns, mushroom, two slices of toast		grilled halloumi-style cheese, mushroom, salsa	
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash bro	<b>4.99</b> owns, slice of toast	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,	5.14
Small breakfast (500) 435 kcal	4.45	Hollandaise sauce, rocket	
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		Mushroom Benedict V 638 kcal	5.14
Add: Black pudding (178 kcal) <b>75</b> p		Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Freedom breakfast 586 kcal	4.45	Miner's Benedict 939 kcal	5.14
Two fried eggs, bacon, baked beans, two hash browns, mushroom,	, tomato	Two poached eggs, on an English muffin, with black pudding,	
Large vegetarian breakfast 🔰 1129 kcal	6.59	Hollandaise sauce, rocket	
Two fried eggs, three vegan sausages, baked beans, three hash br	owns,	American-style pancakes	
mushroom, tomato, two slices of toast		NEW Four pancakes, banana, strawberries, blueberries,	4.99
Vegetarian breakfast V 786 kcal	4.99	maple-flavour syrup. 👽 🥸 708 kcal	
Two fried eggs, two vegan sausages, baked beans, two hash brown	ns,	Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	4.99 4.30
mushroom, tomato, slice of toast		Four pancakes, maple-flavour syrup. 10 \$\ointigs 554 \text{ kcal}	4.30
Small vegetarian breakfast V 88 888 291 kcal	4.45	Small American-style pancakes	3.54
Fried egg, vegan sausage, baked beans, hash brown, tomato		Two pancakes, maple-cured bacon, maple-flavour syrup. 🗺 322 kcal Two pancakes, maple-flavour syrup. 🗸 🕉 📆 277 kcal	3.25
Vegan breakfast @ 642 kcal	4.61	Scrambled egg on toast © 570 kcal	3.77
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		Three eggs, buttered white bloomer toast	0.77
American breakfast 1258 kcal	6.85	Beans on toast @ \$\infty\$ 566 kcal. Buttered white bloomer toast	3.66
Two fried eggs, two hash browns, maple-cured bacon, two Lincoln		NEW Vegan option available with vegan spread @ 500 460 kcal	0.00
four pancakes, maple-flavour syrup	ionii o oudougoo,	Small beans on toast V 59 (56) 252 kcal	2.62
Small American breakfast 629 kgal	4.99	Buttered white bloomer toast	
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,		Two slices of toast with jam or marmalade V 524 kcal	2.47
two pancakes, maple-flavour syrup		White bloomer bread	
Porridge V 5% 550 252 kcal (plain)	2.09	Fresh fruit @ 5% 5555 200 kcal	3.66
Add: Banana @ (110 kcal) 62p; Maple-flavour syrup @ (125 kca	al) <b>34p</b>	Apple, banana, blueberries, strawberries	
Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p		NEW Fresh fruit and yoghurt 🛛 🚳 ; 334 kcal	4.45
<b>Honey ♥</b> (91 kcal) <b>34p</b> ; <b>Sliced apple ⊚</b> (46 kcal) <b>62p</b>		Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

#### **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
_incolnshire sausage 168 kcal 1	.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
/egan sausage ⊘ 82 kcal 1	.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown 🥑 82 kcal	46p	Poached egg V 63 kcal	93p	-	

### **Breakfast butties and wraps**

Breakiast muiiin deal	
Includes tea, coffee or hot chocolate. Free refil	ls°
Egg & cheese muffin 🗘 (1967) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
<b>Egg &amp; bacon muffin (333)</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin 📆 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin 👽 📆 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
<b>Breakfast muffin 📆</b> 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffii	<b>4.01</b>
Smashed avocado muffin ② ॐ ॐ 371 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97	4.01
Add: Hash brown 🥝 (82 kcal) 46p	

#### Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

### Tea. coffee and hot chocolate-



Breakfast wrap 724 kcal

Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

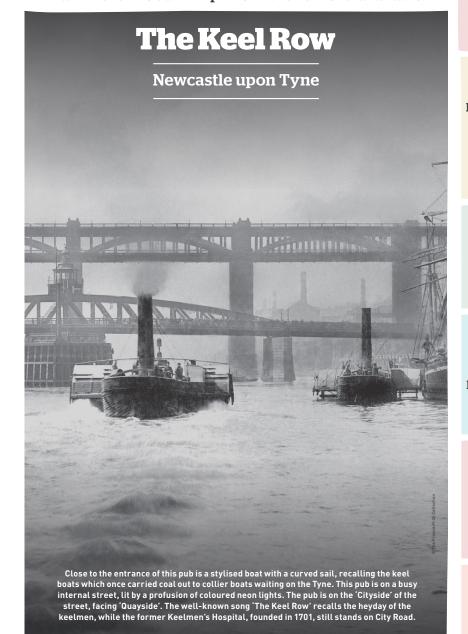
### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

for the facts drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





4.36

### **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable

回幾回



#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



100% of the eggs we use are



#### Free-range eggs

free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Tea. coffee and

hot chocolate

Free refills

breakfast £4.99

**Traditional** 

£1.56

## **Deli Deals**

INCLUDES A DRINK • Featuring NEW small southern-fried chicken wrap

> just-a-wrap, without a drink £3.66

soft drink\* £4.69

£6.22

£8.20

alcoholic drink\*

## **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£7.57 £6.04

#### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink\* alcoholic drink\*

£6.67

### Steak Club

INCLUDES A DRINK' • **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

alcoholic drink<sup>\*</sup> £10.26

£11.79

## Curry Club

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\* £10.02

£8.49

INCLUDES A DRINK • Choose from over 150 drinks



LAVATIA Coffee
The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

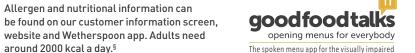
#### **Award-winning** children's menu

Best children's meals (first place) Independently run 'secret diner' survey



#### **Sustainable Restaurant** Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.







8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita ♥ 5557 467 kcal. Mozzarella, basil	6.04
Pepperoni 🖊 575 kcal. Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket BBQ chicken 555 kcal	6.61 6.61
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	0.01
Roasted vegetable V 514 kcal	6.61
Mozzarella, mushroom, roasted pepper, courgette, onion, basil  Vegan roasted vegetable @ & *****) 355 kcal	6.61
Mushroom, roasted pepper, courgette, onion, basil	0.01
Spicy meat feast /// 615 kcal	7.20
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
<b>TEW</b> Char-grilled halloumi-style cheese <b>V</b> 514 kcal Rocket, roasted pepper, courgette, onion, salsa	5.19
11" garlic pizza bread V 772 kcal	5.57
Nachos 📂 👽 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce ⊘ 1082 kcal Cheesy chips ♥ 1256 kcal	5.58 5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.31
Tomato & basil soup 🗸 🕉 📸 374 kcal. White bloomer bread	4.23
NEW Vegan option available with vegan spread 🎯 👀 📆 285 kcal	
With any of the small plates below, choose one dip: Sweet chilli 🎤 🥝 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🎤 🗗 🥥 136 kc:	al
Jack Daniel's Tennessee Honey glaze V 87 kcal; Chipotle mayo	
Blue cheese V 270 kcal; BBQ sauce @ 83 kcal	
Halloumi-style fries V 555 396 kcal	5.19 6.31
Chicken bites 📆 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips 卢 📆 459 kcal. Five chicken breast strip:	
Chicken wings /// 813 kcal. Ten spicy chicken wings	6.75
<b>Quorn™ nuggets @ (555)</b> 331 kcal. Eight coated pieces	5.19
	3.17
	3.17
Deli Deals <sup>®</sup> Includes a Drink •	3.17
Deli Deals INCLUDES A DRINK ALL ALL WRITE WAS A DRINK ALL WITE WAS A DRINK ALL	5.17
Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  WEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal	3.17
Deli Deals INCLUDES A DRINK:  All wraps and paninis are freshly made to order.  10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	-wrap,
Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal	wrap, a drink
Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  3.	-wrap,
All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\mathcal{P}\mathcal{P}\mathcal{P}\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	-wrap, a drink <b>66</b> ch
All wraps and paninis are freshly made to order.  YEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quern* numbers \$\infty\$ 210 kcal  4.	-wrap, a drink 66 ch Irink*
All wraps and paninis are freshly made to order.  YEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quern* numbers \$\infty\$ 210 kcal  4.	-wrap, a drink <b>66</b> ch
All wraps and paninis are freshly made to order.  The part of the	-wrap, a drink 66 ch lrink* 69 ch c drink*
All wraps and paninis are freshly made to order.  12W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn** nuggets \$\infty\$ 503 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken \$\infty\$ 503 399 kcal  Salad leaves, smoky chipotle mayo	-wrap, a drink 66 cch Irink* 69 ch
Deli Deals® INCLUDES A DRINK®  All wraps and paninis are freshly made to order.  YAW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ◎ ★ 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// ★ 500 399 kcal  alcoholi  6.	-wrap, a drink 66 ch lrink* 69 ch c drink*
All wraps and paninis are freshly made to order.  12W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn** nuggets \$\infty\$ 500 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken \$\infty\$ 500 379 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast \$\infty\$ 500 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese \$\infty\$ 500 391 kcal	-wrap, a drink 66 ch lrink* 69 ch c drink*
All wraps and paninis are freshly made to order.  120 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn** nuggets \$\infty\$ 500 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken \$\infty\$ 500 379 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast \$\infty\$ 500 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese \$\infty\$ 500 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber	wrap, a drink 66 ch lrink* 69 ch c drink* 22
All wraps and paninis are freshly made to order.    INCLUDES A DRINK	wrap, a drink 66 ch lrink* 69 ch c drink* 22
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All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn** nuggets \$\infty\$ 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken \$\infty\$ \$\infty\$ 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast \$\infty\$ \$\infty\$ \$\infty\$ \$\infty\$ 391 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese \$\infty\$ \$\infty\$ \$\infty\$ 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad \$\infty\$ (46 kcal): Small portion of chips \$\infty\$ (329 kcal) 1.03 ea  12" wraps  Shawarma chicken \$\infty\$ 719 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	wrap, a drink 66 ch lrink* 69 ch c drink* 22
All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$\infty\$ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken \$\infty\$ 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn** nuggets \$\infty\$ 310 kcal Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken \$\infty\$ \$\infty\$ 399 kcal Salad leaves, smoky chipotle mayo  Small cold chicken breast \$\infty\$ \$\infty\$ \$\infty\$ \$\infty\$ 277 kcal Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese \$\infty\$ \$\infty\$ \$\infty\$ 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad \$\infty\$ (46 kcal); Small portion of chips \$\infty\$ (329 kcal) 1.03 ea  12" wraps  Shawarma chicken \$\infty\$ 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	wrap, a drink 66 ch lrink* 69 ch c drink* 22
All wraps and paninis are freshly made to order.    INCLUDES A DRINK	wrap, a drink 66 ch lrink* 69 ch c drink* 22
All wraps and paninis are freshly made to order.  **TEW** 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♦ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	-wrap, a drink 66 ch  drink* 69 ch c drink* 22 ch
All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap № 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	wrap, a drink 66 ch  Irink* 69 ch c drink* 22 ch
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All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	drink* 22 ch drink* 27 cch drink*
All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	drink* 22 ch drink* ch

Small plates Any 3 for £14	.93	Burgers Includes a DRINK
8" pizzas. Sourdough base - proved, stretched,		Beef burgers made with 100% British beef, freshly cooked to or
topped and freshly baked to order.  Margherita © 655 467 kcal. Mozzarella, basil Pepperoni  575 kcal. Mozzarella, pepperoni Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rock BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61	Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).  American burger 676 kcal Red onion, gherkin, ketchup. American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion Skinny beef burger (375) 375 kcal
Roasted vegetable V 514 kcal	6.61	Iceberg lettuce, tomato, red onion, with a side salad, instead of chips
Mozzarella, mushroom, roasted pepper, courgette, onion, basil  Vegan roasted vegetable @ \$2 \$35 355 kcal  Mushroom, roasted pepper, courgette, onion, basil  Spicy meat feast /// 615 kcal	6.61 7.20	American cheese burger 730 kcal soft drink* 6.61 American-style cheese, red onion, gherkin, ketchup, alcoholic drink* 8.14 American-style mustard
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		Double beef burgers Two 3ozbeef patties.
NEW Char-grilled halloumi-style cheese ♥ 514 kcal Rocket, roasted pepper, courgette, onion, salsa 11" garlic pizza bread ♥ 772 kcal Nachos ♥ ♥ ♥ 695 kcal. Cheese, guacamole, salsa, sour cream, sliced Bowl of chips ② 964 kcal	5.19 5.57 chillies 5.81 4.23	Served with chips (602 kcal, included in Calories below).  Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard  Double classic beef burger 1119 kcal lceberg lettuce, tomato, red onion  Soft drink*  8.30 each 9.83 each
Bowl of chips with curry sauce @ 1082 kcal Cheesy chips © 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.58 5.41 6.31	Double American cheese burger 1207 kcal soft drink* 8.88 American-style cheese, red onion, gherkin, ketchup, American-style mustard 10.41
Tomato & basil soup 👽 📆 374 kcal. White bloomer bread NEW Vegan option available with vegan spread 🕢 😵 📆 285 kcal With any of the small plates below, choose one dip:  Sweet chilli 🎢 🕢 37 kcal; Sticky soy 👽 100 kcal; Naga chilli 🎢 🖟 3 description 37 kcal; Sticky soy 👽 100 kcal; Chipotle mayo 🎵 💮		Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).  Crunchy chicken strip burger  776 kcal soft drink* 6.04  Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 7.57  Served with chips (602 kcal, included in Calories below).
Blue cheese © 270 kcal; BBQ sauce © 83 kcal Halloumi-style fries © 3396 kcal Chicken bites 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips (350 459 kcal. Five chicken bre Chicken wings (760 813 kcal. Ten spicy chicken wings)	5.19 6.31	Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet  Char-grilled chicken breast burger 970 kcal  Skinny chicken burger (20) (2003) 394 kcal  Char-grilled chicken breast, with a side salad, instead of chips
Quorn™ nuggets @ 555 331 kcal. Eight coated pieces	5.19	Meat-free burgers
		Served with chips (602 kcal, included in Calories below).  Beyond Burger™
Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.		BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce
NEW 10" wraps A smaller wrap and filling.		Breaded vegetable burger ♥ 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese
Small brunch wrap 559 kcal		Fried halloumi-style cheese burger 🖊 👽 1118 kcal. Sweet chilli sauce
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap   545 kcal  Fried egg, two vegan sausages, Cheddar cheese	just-a-wrap, without a drink <b>3.66</b>	Just-a-burger Served on its own, without chips or a drink. each 3.59
Small shawarma chicken	soft drink*	American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 7 367 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise
Small Quorn™ nuggets ⊘ (557) 310 kcal Salad leaves, tomato, cucumber, salsa	each	Curries includes a drink
Small southern-fried chicken /// 399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink* <b>6.22</b>	Classic curries With basmati pilau rice, plain naan and poppadums.
Small cold chicken breast <b>//</b> 50 277 kcal Salad leaves, sweet chilli sauce	each	Mangalorean roasted cauliflower & spinach curry // @ 39 927 kcal
Small fried halloumi-style cheese // 🔾 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad 🕢 (46 kcal); Small portion of chips 🕢 (329 kcal)	<b>1.03</b> each	Chicken tikka masala // 1190 kcal Chicken jalfrezi /// © 935 kcal Beef Madras /// 1043 kcal
12" wraps NEW Shawarma chicken /// 719 kcal		Change your plain naan to a garlic naan ♥ (add 92 kcal) 47p
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Quorn™ nuggets  \$\tilde{\omega}\$ \$\tilde{\omega}\$ \$\tilde{\omega}\$ \$\tilde{\omega}\$ kcal. Tomato, cucumber, salsa		Simple curries With basmati pilau rice or chips.  Simple Mangalorean roasted cauliflower & spinach curry // ②
Southern-fried chicken /// 609 kcal Salad leaves, smoky chipotle mayo		Choose: Basmati pilau rice \$\sigma\$ 568 kcal; Chips 970 kcal  Simple chicken tikka masala \$\sigma\$ soft drink* alcoholic drink*
Cold chicken breast  \$\tilde{\psi} \ \psi \ 479 \ \text{kcal} \\ Salad leaves, sweet chilli sauce	soft drink* 6.27 each	Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal  Simple chicken jalfrezi
Fried halloumi-style cheese // 3707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink*	Choose: Basmati pilau rice ® 575 kcal; Chips 977 kcal  Simple beef Madras ///// Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal
Paninis Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato ♥ 527 kcal	each	Add: One vegetable samosa and two onion bhajis  (293 kcal) 1.76 Two plain poppadums (36 kcal) 47p
Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal		Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.  Katsu grilled chicken curry \$\infty\$ 542 kcal
8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.		Sliced char-grilled chicken breast  Katsu Quorn™ nugget curry @ 686 kcal soft drink* alcoholic drink*
Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) Spicy rice @ (208 kcal); Chips @ (602 kcal) 1.44 each Adults need around 2000 kcal a day.§		Eight coated pieces  Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

aceable from farm to fork.	
Gourmet burgers	
Served with chips, six onion rings (871 kcal, included in Calo	ries below).
Ultimate burger 1656 kcal	
Two 3oz beef patties, maple-cured bacon, Cheddar cheese,	
signature burger sauce, gherkin	
Tennessee burger	
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze  Choose: Beef (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal	soft drink*
Fried buttermilk chicken 1703 kcal	10.51 each
BBQ burger	
Maple-cured bacon, Cheddar cheese, BBQ sauce	alcoholic drink*
Choose: Beef (two 3oz beef patties) 1644 kcal	each
Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	
Heatwave burger	
Naga chilli mayo, American-style cheese, hash brown,	
topped with a spicy chicken wing	
Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal	
Fiesta burger @ 1380 kcal	nor
BEYOND MEAT plant-based patty, salsa, guacamole, roasted per courgette, onion	ipei,
	oft drink* 11.96 dic drink* 13.49
maple-cured bacon, red onion, gherkin, ketchup,	dicullik 13.47
American-style mustard	
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160	kcal <b>2.14</b>
Cheddar cheese V 82 kcal	1.52
American-style cheese V 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip <b>/</b> 92 kcal	1.50
20x hoof nothy 1/0 keel	• • • • • • • • • • • • • • • • • • • •
3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each <b>1.97</b>
Breaded vegetable patty © 257 kcal	taul 1.7/
Fried halloumi-style cheese © 298 kcal	
BEYOND MEAT patty @ 184 kcal	
Chicken INCLUDES A DRINK	
Chicken on the bone is marinated, slow cooked	
and finished on the char-grill.	
Peri-peri char-grilled half chicken	
Lemon and herb <b>/</b> Char-grilled in a lemon & herb glaze Coleslaw, qarlic & herb dip	soft drink*
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	11.42
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	each

Peri-peri char-grilled half chicken	
Lemon and herb Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	soft drink* 11.42 each alcoholic drink* 12.95 each
Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	
Chicken baskets Chicken wing basket PPP Eight wings, coleslaw, Naga chilli dig Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket P Three southern-fried chicken strips, five chicken breast bites, coleslaw, Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal	soft drink* <b>9.25</b> each
Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	alcoholic drink* 10.78 each
Quorn™ 'no chicken' nuggets basket // ∿ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	

Add: Chicken gravy (50 kcal) 94p

11" pizzas includes a drink:		Steaks and grills inci	UDES A DR	INK.
	t drink* alcoholic drink* <b>9.25 10.78</b>	From farms in the UK and Ireland, prin (traceable from farm to fork), matured seasoned with a steak-seasoning blend cooked to your liking.	for 28 days,	
Pepperoni  1151 kcal. Mozzarella, pepperoni  Ham and mushroom 1011 kcal  Mozzarella, ham, mushroom, rocket  BBQ chicken 1097 kcal  Mozzarella. BBQ sauce. chicken breast, red onion, rocket	soft drink* 10.43 each	Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* a 11.84 each	alcoholic drink* 13.37 each
Roasted vegetable 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable 2 2 709 kcal Mushroom, roasted pepper, courgette, onion, basil	alcoholic drink* 11.96 each	Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mashed potato 1003 kcal; Chips 1320 kcal	soft drink* a 14.18 each	alcoholic drink* <b>15.71</b> each
Spicy meat feast /// 1214 kcal 1 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	1.60 13.13	Add your choice of steak sauce: Creamy peppercorn sauc.  Jack Daniel's® Tennessee Honey glaze  (87 kcal) 1.82		
Additional toppings Red onion ② 10 kcal; Sliced chillies ///// ③ 3 kcal; Mushroom	<b>⊘</b> 4 kcal each <b>88p</b>	Below meals are served with peas, tomato and m	ushroom. soft drink*	alcoholic drink*
Garlic & herb dip ⊘ 180 kcal; Mozzarella ♥ 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal Pepperoni	each <b>1.15</b>	BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 🚳 609 kcal; Mediterranean salad 739	<b>10.65</b> kcal	12.18
		Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips		40.07
Small pub classics INCLUDES	SADRINK* •	5oz gammon and egg Choose: Side salad 😵 📆 402 kcal; Mediterranean sal Jacket potato 😵 649 kcal; Mashed potato 620 kcal; Chips		10.84
Fish and chips Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	3.44 9.97 3.44 9.97	10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kca Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 11	<b>12.48</b>	14.01
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kr	12.48	14.01
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46		Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips  Large mixed grill		15.76
Small Wiltshire cured ham, egg and chips 555 455 kcal One slice of Wiltshire cured ham, fried egg	7.20 8.73	Gammon, pork loin, rump, lamb, two Lincolnshire sausage fried egg, six onion rings Choose: Side salad 1477 kcal: Mediterranean salad 1607	S,	15.76
	7.49 9.02	Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips	2012 kcal	
	7.49 9.02	Noodles, salads and Includes Adrink;	pasta	•
Afternoon deal		Native Demonstrate Land 6500 0 (1971)		* alcoholic drink*
Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.		NEW Ramen noodle bowl PP @ \$\circ\$ 466  Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies,		10.52
Pub classics INCLUDES A DRINK	-10	in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache	d egg ♥ (63 kcal	) <b>93</b> p
Fish and chips	t drink* alcoholic drink*	Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast \$350 283 kcal Southern-fried chicken breast strips \$350 465 kcal	10.03	11.56
Freshly battered cod and chips  Peas 12/10 kral or mushy neas 1298 kral	0.65 12.18	Mediterranean salad @ (23%) 33% kcal	8 90	10 43

choose from the above small pub classic meals.					
Pub classics includes a drink •					
Fish and chips	soft drink*	alcoholic drink*			
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.65	12.18			
<b>Whitby breaded scampi</b> Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.65	12.18			
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46					
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans Add: Black pudding (178 kcal) <b>75p</b>	<b>10.31</b> s, chips	11.84			
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.31	11.84			
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.91	10.44			

Bangers and mash 894 kcal

Three Lincolnshire sausages

Three vegan sausages

Three Lincolnshire sausages, peas, onion & red wine gravy

Wiltshire cured ham, eggs and chips 856 kcal

Vegan sausages, chips and beans @ 910 kcal

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

NEW Chilli bean non-carne / @ 58 635 kcal

Vegetarian bangers and mash ♥ 635 kcal

Three vegan sausages, peas, onion & red wine gravy

Two slices of Wiltshire cured ham, two fried eggs

Sausages, chips and beans 1170 kcal

Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.

10.44

10.44

9.85

9.85

9.85

10.44

9.37

8.91

8.91

8.32

8.32

8.32

8.91

7.84

soft drink\* alcoholic drink\*

Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* <b>11.84</b> each	alcoholic drink* <b>13.37</b> each
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mashed potato 1003 kcal; Chips 1320 kcal	soft drink* 14.18 each	alcoholic drink* <b>15.71</b> each
Add your choice of steak sauce: Creamy peppercorn sauc Jack Daniel's® Tennessee Honey glaze <b>(</b> 87 kcal) <b>1.82</b>		
Below meals are served with peas, tomato and m	ushroom. soft drink	* alcoholic drink
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad ® 609 kcal; Mediterranean salad 739 Jacket potato ® 856 kcal; Mashed potato 827 kcal; Chip:	<b>10.65</b> 9 kcal	
5oz gammon and egg Choose: Side salad ® 667 402 kcal; Mediterranean sal Jacket potato 686 649 kcal; Mashed potato 620 kcal; Chip:		10.84
10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kc Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 11		14.01
Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal: Mediterranean salad 1114 k	<b>12.48</b>	14.01
Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips  Large mixed grill  Gammon, pork loin, rump, lamb, two Lincolnshire sausage fried egg, six onion rings  Choose: Side salad 1477 kcal; Mediterranean salad 1607	1519 kcal <b>14.23</b> es,	15.76
Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips		
Noodles, salads and	pasta	16
INCLUDES A DRINK •		
INCLUDES A DRINK'		nk* alcoholic drink
NEW Ramen noodle bowl // @ \$2 6555 466 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies	soft drir 6 kcal <b>8.9</b>	nk* alcoholic drink
NEW Ramen noodle bowl  6 3 3 3 466  Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache  Chicken & maple-cured bacon salad  Choose: Char-grilled chicken breast (36) 283 kcal	soft drir 6 kcal <b>8.9</b> 5, coriander,	nk* alcoholic drink 9 10.52 cal) 93p
NEW Ramen noodle bowl  6 3 3 466  Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 3 283 kcal Southern-fried chicken breast strips 3 465 kcal Mediterranean salad  3 3 3 4 kcal Pearl barley, quinoa, butternut squash, wheat berries, red cherry tomatoes, pumpkin seeds, basil, dressing	soft drir 6 kcal 8.9 6, coriander, ed egg ♥ (63 kc 10.0	nk* alcoholic drink 9 10.52 cal) 93p 3 11.56
NEW Ramen noodle bowl	soft drir 6 kcal 8.9 6, coriander, ed egg ♥ (63 kc 10.0 8.9	nk* alcoholic drink 9 10.52 cal) 93p 3 11.56
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache  Chicken & maple-cured bacon salad  Choose: Char-grilled chicken breast (35) 283 kcal  Southern-fried chicken breast strips (35) 465 kcal  Mediterranean salad (35) 334 kcal  Pearl barley, quinoa, butternut squash, wheat berries, red cherry tomatoes, pumpkin seeds, basil, dressing  Add: Grilled halloumi-style cheese (2447 kcal) 1.97  Tuna mayo (298 kcal) 1.06; Roasted vegetables (90 kg)	soft drir 6 kcal 8.9 6, coriander, ed egg ♥ (63 kc 10.0 8.9	nk* alcoholic drink' 9 10.52 cal) 93p 3 11.56
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache  Chicken & maple-cured bacon salad  Choose: Char-grilled chicken breast (55) 283 kcal  Southern-fried chicken breast strips (55) 283 kcal  Southern-fried chicken breast strips (55) 334 kcal  Pearl barley, quinoa, butternut squash, wheat berries, red cherry tomatoes, pumpkin seeds, basil, dressing  Add: Grilled halloumi-style cheese (187 kcal) 1.97  Tuna mayo (298 kcal) 1.06; Roasted vegetables (90 kchar-grilled chicken breast (187 kcal) 1.97  Grilled halloumi-style cheese  & roasted vegetable salad (197) 494 kcal	soft drir 6 kcal 8.9 6, coriander. 70 degg (63 kc 10.0 8.9 1 pepper, 8cal) 1.53 9.1	nk* alcoholic drink: 9 10.52  cal) 93p 3 11.56 0 10.43
Nodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.15; Poache  Chicken & maple-cured bacon salad  Choose: Char-grilled chicken breast 333 283 kcal  Southern-fried chicken breast strips 334 kcal  Mediterranean salad 333 334 kcal  Pearl barley, quinoa, butternut squash, wheat berries, red cherry tomatoes, pumpkin seeds, basil, dressing  Add: Grilled halloumi-style cheese (447 kcal) 1.97  Tuna mayo (298 kcal) 1.06; Roasted vegetables (90 kchar-grilled chicken breast (187 kcal) 1.97  Grilled halloumi-style cheese  & roasted vegetable salad (197 kcal) 1.97  Grilled halloumi-style cheese  & roasted vegetable salad (197 kcal) 1.97  Grilled halloumi-style cheese  & roasted vegetable, onion, pico de gallo, dressing  Burrito salad bowl (168 kcal)  Spicy rice, cheese, roasted pepper, courgette, onion, tortil guacamole, sliced chillies  Add: Char-grilled chicken breast (187 kcal) 1.97	soft drir 6 kcal 8.9 6, coriander, 6 degg (63 kc 10.0 8.9 1 pepper, 8 kcal) 1.53 9.1 1lla chips, 9.4 inach,	nk* alcoholic drink: 9 10.52 cal) 93p 3 11.56 0 10.43 8 10.71 8 10.71

### Jacket potatoes includes a drink ...

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Baked beans @ 500 482 kcal Chilli bean non-carne 🖊 🥝 👀 😘 442 kcal Roasted vegetables @ 598 (500) 383 kcal

soft drink\* alcoholic drink\* 7.43 8.96 each

10.03 11.56