Desserts

Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	5.33
NEW Salted caramel sticky toffee pudding () 877 kcal Vanilla ice cream	4.99
NEW Millionaire's shortbread () (66) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.17
Vanilla ice cream (V) (1999) 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch V 뻀 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie V (555) 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich 🕐 🐯 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Fresh fruit (V) 69 (557) 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake 909 kcal Vanilla ice cream	5.33
Warm chocolate brownie 🕐 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich 🛿 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble 673 kcal Vanilla ice cream	5.62

Add: Vanilla ice cream scoop (135 kcal) 94p; Toffee sauce (66 kcal) 42p Belgian chocolate sauce 🥥 (61 kcal) 42p; Banana 🥥 (110 kcal) 62p Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens. • See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

/ = Very mild // = Mild // = Medium hot // = Very hot **Extremely hot** Vegetarian ØVegan 5% fat or less 👫 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

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Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice o Small breakfast (500) 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45
Large vegetarian breakfast () 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast V 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast (V) (3) (30) Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45
Vegan breakfast @ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61
Porridge V 🕸 \cdots 252 kcal (plain) Add: Banana @ (110 kcal) 62p: Strawberries @ (27 kcal) 62p Blueberries @ (17 kcal) 62p: Honey V (91 kcal) 34p Sliced apple @ (46 kcal) 62p	2.09

Breakfast extras

75p	Two rashers of back bacon 131 kcal
1.05	Four rashers of maple-cured bacon 91 kca
1.05	Two scrambled eggs V 136 kcal
1.13	Fried egg V 56 kcal
46p	Poached egg V 63 kcal
	1.05 1.05 1.13

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 🕐 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 🧭 🥯 👫 435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills°	
3.31	
3.77	
3.77	
3.77	
4.01	

Add: Hash brown ⊘ (82 kcal) 46p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com °Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. •Non-refundable advance purchase rates, available to book direct on our website; ann and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. #Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

. . .

NEW Fiesta brunch / () 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.88
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
NEW Hash brown basket 🥥 뻀 410 kcal	1.99
Scrambled egg on toast () 570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast 🖤 😳 566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread 🥏 😳 📆 460 kcal	3.66
Small beans on toast V 🕸 (557) 252 kcal Buttered white bloomer toast	2.62
Two slices of toast with jam or marmalade 💟 524 kcal White bloomer bread	2.47
Fresh fruit @ 3 (30) 200 kcal Apple, banana, blueberries, strawberries	3.66
NEW Fresh fruit and yoghurt () (8) (66) 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

of back bacon 131 kcal	1.57	Baked beans 🥏 126 kcal	93p
of maple-cured bacon 91 kcal	1.52	Two mushrooms 🥏 100 kcal	93p
ed eggs V 136 kcal	1.63	Two grilled tomato halves 🧭 16 kcal	52p
6 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
💟 63 kcal	93p		

Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	4.36
Vegetarian breakfast wrap V 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns,	
Cheddar cheese	

-Tea, coffee and hot chocolate -

Flat white **W** 92 kcal Cappuccino 💟 102 kcal Latte 💟 113 kcal Mocha 💟 147 kcal Espresso 🥝 6 kcal TEA, COFFEE AND HOT CHOCOLATE Black coffee 🙆 6 kcal White coffee 💟 24 kcal - ALL DAY EVERY DAY -Hot chocolate 🕥 169 kcal LAVAILA 🛞 🛞 🛞 Теа

with semi-skimmed milk 💟 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

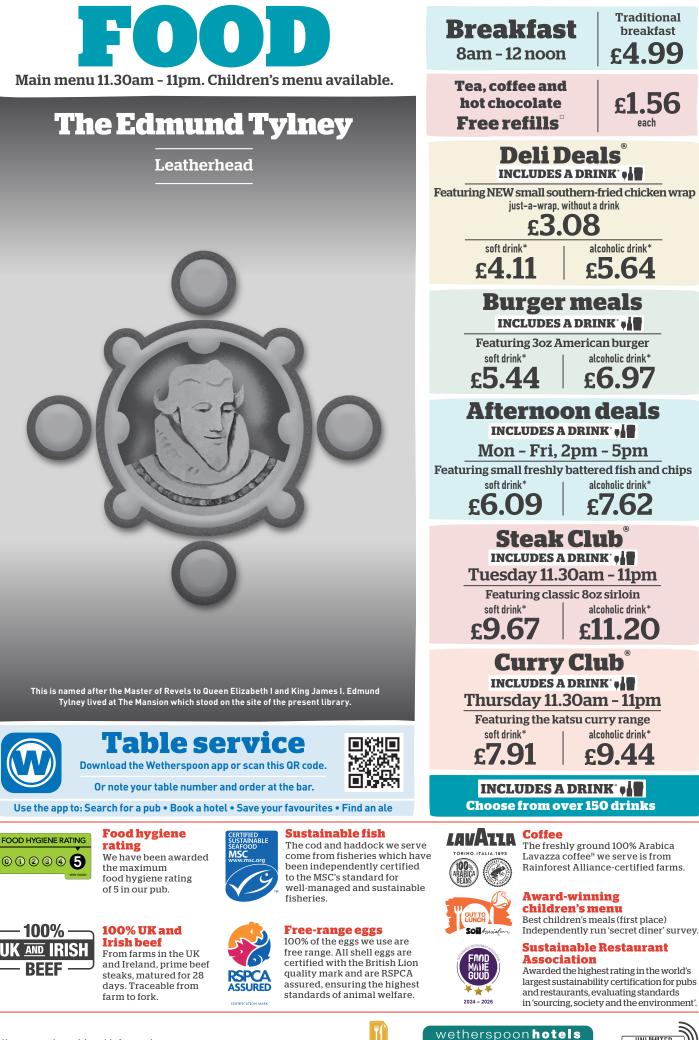
Biscuits Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

FREF

£1.56

for the facts drinkaware.co.uk 🛛

idwetherspoon.com ⊋ ltxsim **>**



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

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Small plates Any 3 for £14.93

briden praces intry stor in the	
NEW Char-grilled halloumi-style cheese V 514 kcal Rocket, roasted pepper, courgette, onion, salsa	4.96
Nachos 💴 🛇 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce 🥥 1082 kcal	5.58
Cheesy chips 💟 1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip: Sweet chill // @ 37 kcal Sticky soy @ 100 kcal Naga chilli // @ 136 kcal Jack Daniel's® Tennessee Honey glaze @ 87 kcal Chipotle mayo // @ 150 kcal Blue cheese @ 270 kcal BBQ sauce @ 83 kcal	

4.96
6.09
6.09
6.75
5.19

Deli Deals includes a drink of

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling.	
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	3.08 each
Small shawarma chicken /// 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* 4.11 each
Small Quorn[™] nuggets ⊘ (‱) 310 kcal Salad leaves, tomato, cucumber, salsa	alcoholic drink* 5.64
Small southern-fried chicken /// (566) 399 kcal Salad leaves, smoky chipotle mayo	each
Small fried halloumi-style cheese 📂 🛇 🚟 391 kcal	

Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.03 each

12["] wraps

Shawarma chicken **F** 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn[™] nuggets Ø ഈ 508 kcal. Tomato, cucumber, salsa n fried chielen **fiff** (00 kee

Southern-fried chicken FFF 609 kcal Salad leaves, smoky chipotle mayo	soft drink* 5.70
Fried halloumi-style cheese 💅 🛇 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	each alcoholic drink*
Paninis	7.23

NEW Roasted vegetable and vegan cheeze @ 480 kcal

Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

Add: Side salad 🥥 (91 kcal) Spicy rice Ø (208 kcal) Chips 🧭 (602 kcal)

Burgers Includes A DRINK Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork. Beef burgers One 3oz beef patty.

Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories bel	low).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* 5.44 each	alcoholic 6.9 eac	7
Skinny beef burger (375 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips		
American cheese burger 730 kcal	S	oft drink*	6.04

American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoho	lic drink* 7.57
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each	alcoholic drink* 9.26 each
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 8.30 alcoholic drink* 9.83	

Chicken burgers

Served with a small portion of chips (329 kcal, inclu	uded in the Calories below).
Crunchy chicken strip burger 🖊 776 kcal	soft drink* 5.44
Two southern-fried chicken strips, iceberg lettuce, mayonr	naise alcoholic drink* 6.97
Served with chips (602 kcal, included in Calories I	below).
Fried buttermilk chicken burger 1255 kcal	
The butter make the control of get 1200 Kout	

Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger 58 (1999) 394 kcal

Char-grilled chicken breast, with a side salad, instead of chips

oft drink*	alcoholic drink*	
7.73	9.26	
each	each	

Most froo bu

Meat-free burgers		
Served with chips (602 kcal, included in Calories below).		
Beyond Burger™ ⊘ 1043 kcal BEYOND MEAT plant-based patty. iceberg lettuce, garlic & herb sauce	soft drink* 7.73 each	alcoholic drink* 9.26 each
Fried halloumi-style cheese burger		
Just-a-burger Served on its own, without chips or a drink. American burger (555) 367 kcal		each 3.36
Red onion, gherkin, ketchup, American-style mustard		
Crunchy chicken strip burger / 555 447 kca Two southern-fried chicken strips, iceberg lettuce, mayonr		

Curries includes a drink

Classic curries

With basmati pilau rice, plain naan and poppadums.

- Mangalorean roasted cauliflower
- & spinach curry **FF** @ 527 kcal

Chicken tikka masala 🗾 1190 kcal

soft drink*	alcoholic drinl
9.84	11.37
each	each

Chicken jalfrezi 🗾 🐼 935 kcal Beef Madras ///// 1043 kcal

Change your plain naan to a garlic naan 💟 (add 92 kcal) 47p

Add:

each **1.44**

One vegetable samosa and two onion bhajis 💋 🥥 (293 kcal) 1.76 Two plain poppadums 🥥 (86 kcal) 47p

Katsu curries

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 542 kcal Sliced char-grilled chicken breast

Katsu Quorn[™] nugget curry Ø 686 kcal Eight coated pieces



Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Fish and o Small fres Peas 681 kcal o

Pub

Fish and

Freshly ba

Peas 1240 kca

Whitby br

Chips, peas 11 Eight Whitby b

Served with chips, six onion rings (871 kcal, included in Calories below). Small Whit

soft drink*

9.93

each

alcoholic drink'

11.46

each

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin **Tennessee burger**

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal

BBQ burger

Gourmet burgers

Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal

Fried buttermilk chicken 1780 kcal Fiesta burger ⊘ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal Three 3oz beef patties, American-style cheese,	soft drink* 11.38	
maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 12.91	

Additional toppings and burger patties

nutitional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese 🔇 82 kcal	1.52
American-style cheese 🔇 69 kcal	1.52
NEW Vegan cheeze 🧭 57 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🖉 92 kcal	1.50
3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Fried halloumi-style cheese V 298 kcal	

BEYOND MEAT patty @ 184 kcal

Chicken Includes A DRINK

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken

Lemon and herb 🖊	
Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	
Spicy rice 1059 kcal; Chips 1453 kcal	

Hot and spicy Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Chips 1423 kcal

Chicken baskets

Boneless basket 🖊

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken bites basket	SC
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice 🚳 763 kcal; Chips 1157 kcal	

Southern-fried chicken strips basket 🖉 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn[™] 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

soft drink* 8.68 each alcoholic drink* 10.21 each

soft drink*

10.83

each

alcoholic drink*

12.36

each

Coleslaw 💟 559 kcal Cheese V 512 kcal



Add: Two slice Chip shop-sty

All-day br Two fried eggs baked beans, o Add: Black pu

> Vegetaria Two fried eggs

Steak & ki Peas, onion &

Wiltshire eggs and o Two slices of V

Sausages Three Lincolns

Vegan sau Three vegan sa

NEW Chill Red peppers, r smoky chipotl

After

Mon - Fr

Choose fro

Small pub classics Includes A DRINK

Fish and chips Small freshly battered cod and chips <i>(</i> Peas 681 kcal or mushy peas 739 kcal	soft drink* 7.84	alcoholic drink* 9.37
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce @ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips (55 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p	6.91	8.44
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	6.91	8.44
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	6.09	alcoholic drink* 7.62

CLASSICS INCLUDES A DR	INK [.] •	
chips	soft drink*	alcoholic drink*
attered cod and chips 🧭 al or mushy peas 1298 kcal	10.08	11.61
r eaded scampi 135 kcal or mushy peas 1192 kcal. oreaded scampi	10.08	11.61
es of bread V (404 kcal) 1.34 yle curry sauce 🧭 (118 kcal) 1.46		
runch 1245 kcal s, bacon, two Lincolnshire sausages, chips dding (178 kcal) 75p	9.72	11.25
n all-day brunch ♥ 1023 kcal s, three vegan sausages, baked beans, chips	9.72	11.25
i dney pudding 1279 kcal red wine gravy, chips	8.32	9.85
cured ham, chips 856 kcal Wiltshire cured ham, two fried eggs	7.73	9.26
, chips and beans 1170 kcal shire sausages	7.73	9.26
usages, chips and beans @ 910 kcal ausages	7.73	9.26
li bean non-carne // @ 5 kcal red kidney and black turtle beans, le sauce, rice, tortilla chips	8.32	9.85

ri, 2pm – 5pm	alcoholic drink*
n the above pub classic meals.	8.80

Jacket potatoes includes a drink

soft drink* alcoholic drink*

8.38

each

6.85

each

With side salad and one filling. Extra fillings 1.22 each.

Baked beans @ 🚳 😘 482 kcal

Chilli bean non-carne 🖊 🥥 🥯 😘 442 kcal Roasted vegetables ⊘ 🥯 🐯 383 kcal

Steaks and grills INCLUDES A DRINK

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly and a first of the second

cooked to your liking.				
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Chips 1061 kcal	soft drink* 11.25 each	alcoholic drink* 12.78 each		
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Chips 1320 kcal	soft drink* 13.59 each	alcoholic drink* 15.12 each		
Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's [®] Tennessee Honey glaze (87 kcal) 1.82 each				
Below meals are served with peas, tomato and mushroom.				
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad @ 609 kcal; Mediterranean salad 735	soft drink 10.08 9 kcal			
Jacket potato 😳 856 kcal; Chips 1143 kcal Mixed grill	11.89	13.42		
Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 k Jacket potato 1231 kcal; Chips 1519 kcal	cal			

15.18

Large mixed grill 13.65 Gammon, pork loin, rump, lamb, two Lincolnshire sausages fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Chips 2012 kcal

Noodles, salads and pastas INCLUDES A DRINK

Ramen noodle bowl // @ 98 (56) 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg (63 kcal) 93p	soft drink* 6.99	alcoholic drink* 8.52
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast (555) 283 kcal Southern-fried chicken breast strips (555) 465 kcal	9.47	11.00
Mediterranean salad @ 6000 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese ♥ (447 kcal) 1.97 Roasted vegetables @ (90 kcal) 1.53 Char-grilled chicken breast (187 kcal) 1.97	8.35	9.88
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	8.90	10.43
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	9.47	11.00

Sides and extras

Bowl of chips 🥥 964 kcal (Add: Spicy seasoning 🥥 (7 kcal) 34p)		
Small bowl of chips 🧭 602 kcal		2.48
Five chicken wings 🕬 407 kcal		3.34
NEW Five chicken breast bites 161 kcal		
Eight Whitby breaded scampi 464 kcal		4.99
Grilled halloumi-style cheese V 447 kcal		1.97
Peas 🥏 133 kcal		94p
Mushy peas V 248 kca	l	94p
Side salad 🥝 91 kcal		2.29
Mediterranean side salad 🧭 198 kcal		
Roasted vegetables 🧭 135 kcal		
Coleslaw V 399 kcal		1.40
Sliced chillies	🎙 🧑 3 kcal	88p
Onion rings 🤕	Six 269 kcal 2.33	Twelve 538 kcal 3.50